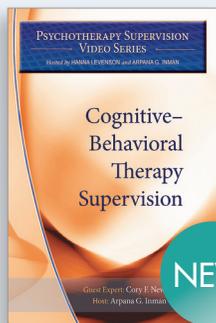


## PSYCHOTHERAPY SUPERVISION VIDEO SERIES

The **APA Psychotherapy Supervision Video Series** aims to provide a thorough review of state of the art approaches to clinical supervision. The videos in this series give viewers an in-depth, didactic, and rich experiential immersion into each approach so that it can be used for learning, teaching, research, and model development purposes. Each video in this series features a 45-minute demonstration of a therapist conducting supervision with a student and an interview with the expert, alternatingly conducted by guest hosts Hanna Levenson and Arpana G. Inman. Designed for clinical training and continuing education, this series has been created to provide psychology students and seasoned practitioners with an expert introduction to different models of supervision.

Titles in the **Clinical Supervision Essentials** book series, edited by Hanna Levenson and Arpana G. Inman, serve as companion items to the videos. Each book presents a concise review of the history, principles, techniques, and processes of the approach, including detailed analysis of a single supervision session and discussion of the evidence supporting the approach. Also included are transcripts of the supervisory sessions documented in the companion DVDs.



### Cognitive-Behavioral Therapy Supervision

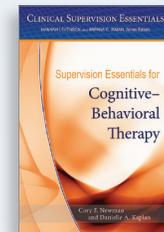
with **Cory F. Newman**

Cory F. Newman demonstrates an approach to supervision that creates a safe, professionally supportive environment for a supervisee to acquire, practice, and master cognitive-behavioral therapy methods, and become more confident as a practitioner. The cognitive-behavioral approach encourages the supervisee to ask questions in supervision, to conceptualize difficulties with clients, to create a nurturing and constructive therapeutic relationship with clients, and to use in-session structure and post-session homework to help clients achieve and maintain therapeutic gains. In this program, Newman also highlights and applies the principles of cultural competency and professional ethics in the meeting with his supervisee, and host Arpana G. Inman interviews him

and his supervisee about their work together, exploring the constructs of this model as they examine the supervision session in detail.

(DVD) ISBN 978-1-4338-2247-6 | ITEM # 4310957

### Companion Book

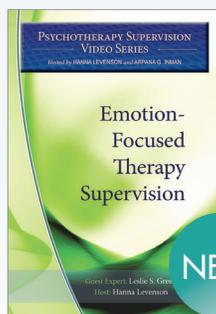


### Supervision Essentials for Cognitive-Behavioral Therapy

**Cory F. Newman and Danielle A. Kaplan**

2016. 184 PAGES. PAPERBACK.

LIST: \$29.95 | APA MEMBER/AFFILIATE: \$29.95  
ISBN 978-1-4338-2279-7 | ITEM # 4317419



### Emotion-Focused Therapy Supervision

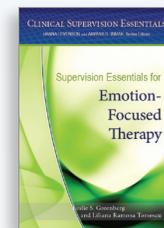
with **Leslie S. Greenberg**

In *Emotion-Focused Therapy Supervision*, Leslie S. Greenberg demonstrates and discusses how to train and teach therapists using this approach to clinical supervision. Emotion-focused therapy is a process-oriented experiential therapy in which the therapist assists the client to become aware of and access emotion. Supervision in this approach is based on the same fundamental principles as the therapy, with a focus on developing the supervisory relationship and on specific supervisory tasks. Supervision thus involves developing a supervisory alliance and identification of a focus, supervision task markers, what the supervisor's interventions will be at these markers and the supervisee processes they facilitate. In this program,

Greenberg and his supervisee engage in a supervisory session, and host Hanna Levenson interviews them about their work together, exploring this model through a discussion of highlights from the demonstration session.

ISBN 978-1-4338-2128-8 | ITEM # 4310952

### Companion Book



### Supervision Essentials for Emotion-Focused Therapy

**Leslie S. Greenberg and Liliana Ramona Tomescu**

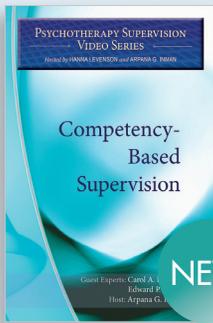
2017. 184 PAGES. PAPERBACK.

LIST: \$29.95 | APA MEMBER/AFFILIATE: \$29.95  
ISBN 978-1-4338-2358-9 | ITEM # 4317429

**EACH VIDEO (DVD), unless otherwise noted**

List: \$99.95 | APA Member/Affiliate: \$69.95 | Running Time: Approximately 100 minutes | Denotes Closed Caption DVD

# PSYCHOTHERAPY SUPERVISION VIDEO SERIES



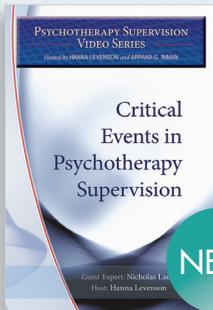
## Competency-Based Supervision

with Carol A. Falender and Edward P. Shafranske

Competency-based supervision is a metatheoretical approach that provides systematic attention to the component parts of the supervision process. This approach enhances accountability and is reflective of both evidence-based practice generally and APA's new guidelines for clinical supervision. This approach systematically addresses the supervisory relationship, bidirectional feedback, infusion of multiculturalism and diversity, and ethical and legal standards. Competency-based supervision maintains a balance among the equally important priorities of protecting the client, gatekeeping for the profession, and enhancing the professional growth and development of the supervisee. In this video, Edward P. Shafranske and a supervisee engage in

a demonstration session, after which host Arpana G. Inman interviews him and his coauthor Carol A. Falender about their approach and its implementation.

**CC** (DVD) ISBN 978-1-4338-2244-5 | ITEM # 4310954



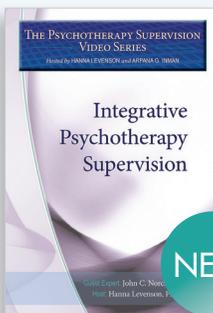
## Critical Events in Psychotherapy Supervision

with Nicholas Ladany

The critical events model of supervision is a transtheoretical approach that explores the interrelationship between supervision process and outcome, and therapy process and outcome. This model addresses issues common to all supervisory relationships such as ambiguity about roles, misunderstandings related to cultural background and gender, skill deficits, and countertransference. In addition to addressing these issues, the model also fosters a constructive environment so that elements of a fruitful supervisory session—such as developing the working alliance, self-disclosures, and multicultural and ethics training—can commence. In this program, Nicholas Ladany and his supervisee engage in a supervisory

session, and host Hanna Levenson interviews them about their work together, exploring the constructs of this model as they discuss highlights from the demonstration session.

**CC** (DVD) ISBN 978-1-4338-2246-9 | ITEM # 4310956



## Integrative Psychotherapy Supervision

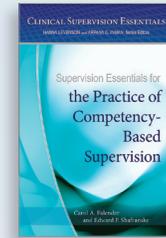
with John C. Norcross

In this DVD, John C. Norcross demonstrates and discusses how to supervise psychotherapists in systematic integration. Integrative supervision parallels the central features of the therapeutic approach, blending multiple, evidence-based therapy methods and relationship stances to best meet the needs of the client, and simultaneously tailoring disparate supervision methods to the individual supervisee. Multiple transdiagnostic features, such as supervisee preferences, reactance level, developmental level, and culture, enable the clinician to match supervision to the unique individual and singular context. The course of supervision is grounded in a strong relationship, empirical evidence on what works, and feedback from the

supervisee. In this program, Norcross and his supervisee Leah M. Popple engage in a supervisory session, and host Hanna Levenson interviews them about their work together, exploring the integrative approach through a discussion of highlights from their session.

**CC** (DVD) ISBN 978-1-4338-2341-1 | ITEM # 4310959

## Companion Book



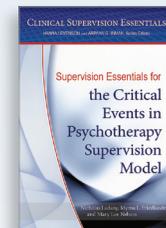
## Supervision Essentials for the Practice of Competency-Based Supervision

Carol A. Falender and Edward P. Shafranske

2017. 144 PAGES. PAPERBACK.

LIST: \$29.95 | APA MEMBER/AFFILIATE: \$29.95  
ISBN 978-1-4338-2312-1 | ITEM # 4317427

## Companion Book



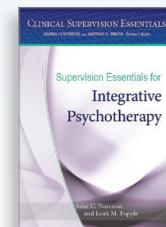
## Supervision Essentials for the Critical Events in Psychotherapy Supervision Model

Nicholas Ladany, Myrna L. Friedlander, and Mary Lee Nelson

2016. 184 PAGES. PAPERBACK.

LIST: \$29.95 | APA MEMBER/AFFILIATE: \$29.95  
ISBN 978-1-4338-2251-3 | ITEM # 4317417

## Companion Book



## Supervision Essentials for Integrative Psychotherapy

John C. Norcross and Leah M. Popple

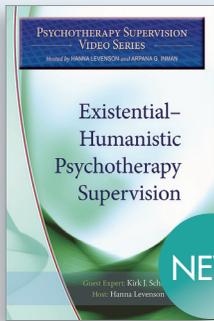
2017. 184 PAGES. PAPERBACK.

LIST: \$29.95 | APA MEMBER/AFFILIATE: \$29.95  
ISBN 978-1-4338-2628-3 | ITEM # 4317433

EACH VIDEO (DVD), unless otherwise noted

List: \$99.95 | APA Member/Affiliate: \$69.95 | Running Time: Approximately 100 minutes | **CC** Denotes Closed Caption DVD

## PSYCHOTHERAPY SUPERVISION VIDEO SERIES



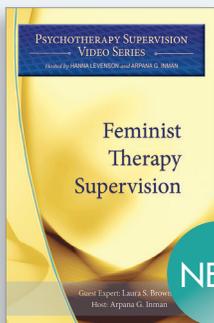
### Existential-Humanistic Psychotherapy Supervision

with Kirk J. Schneider

The goal of existential-humanistic (or existential-integrative) supervision is to assist the supervisee to work flexibly and integratively with his or her client within the context of a deepening availability to an experiential encounter. The chief means by which this work is facilitated is via whole-bodied presence—or the holding and illuminating of that which is palpably significant between therapist and client and within the client. In existential-humanistic therapeutic supervision, the supervisor must pay close attention to how the supervisee is present both within the supervisory session as well as with his or her clients, and to the supervisee's attunement to

the client's desire and capacity for change, and how that desire and capacity is addressed. Experiential roleplays and rehearsal are also drawn on to bring this aforementioned supervision format "alive." In this video, Kirk J. Schneider and his supervisee engage in a supervisory session, and host Hanna Levenson interviews them about their work together, exploring the constructs of this model as they discuss highlights from the demonstration session.

[DVD] ISBN 978-1-4338-2243-8 | ITEM # 4310953



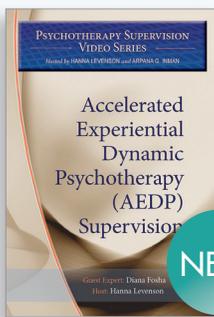
### Feminist Therapy Supervision

with Laura S. Brown

In *Feminist Therapy Supervision*, guest expert supervisor Laura S. Brown demonstrates and discusses this approach to supervision. The goal of feminist supervision is to empower the supervisee by using analysis of gender and analysis of power to achieve the goal of an egalitarian supervisory relationship, while simultaneously acknowledging and embracing feminist political analysis and scholarship on the psychology of women and gender. The feminist supervisor integrates a multiculturally informed approach to understanding the client's distress as well as the supervisee's challenges and capacities. In this video, Brown and her supervisee engage in a supervisory session that shows how the identities for all parties in the supervision triad—client, supervisor, and supervisee—inform what occurs in both the supervision

and the psychotherapy. Host Arpana G. Inman interviews Brown and her supervisee about their work together, exploring the constructs of this model as they examine the session in detail.

[DVD] ISBN 978-1-4338-2125-7 | ITEM # 4310949



### Accelerated Experiential Dynamic Psychotherapy (AEDP) Supervision

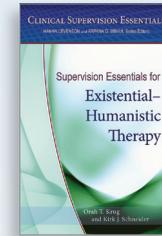
with Diana Fosha

In *Accelerated Experiential Dynamic Psychotherapy (AEDP) Supervision*, Diana Fosha demonstrates how the supervisory model for this healing-oriented transformational approach incorporates many of the key principles used in the therapy itself. Aspects of AEDP supervision include creating safety for the therapist and supervisee, undoing the therapist and supervisee's aloneness, fostering a therapeutic alliance that helps both therapist and supervisee become skilled in detecting transformation, and using an affirmative orientation. In this program, Fosha and her supervisee engage in a supervisory session, and host Hanna Levenson interviews

them about their work together, discussing the supervision model with illustrative clips from the demonstration session.

[DVD] ISBN 978-1-4338-2248-3 | ITEM # 4310958

### Companion Book



### Supervision Essentials for Existential-Humanistic Therapy

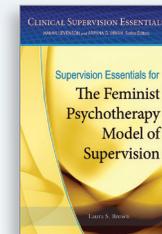
Orah T. Krug and Kirk J. Schneider

2016. 184 PAGES. PAPERBACK.

LIST: \$29.95 | APA MEMBER/AFFILIATE: \$29.95  
ISBN 978-1-4338-2281-0 | ITEM # 4317423

### Companion Book

Available on Amazon Kindle®



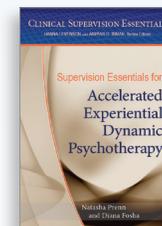
### Supervision Essentials for the Feminist Psychotherapy Model of Supervision

Laura S. Brown

2016. 168 PAGES. PAPERBACK.

LIST: \$29.95 | APA MEMBER/AFFILIATE: \$29.95  
ISBN 978-1-4338-2201-8 | ITEM # 4317407

### Companion Book



### Supervision Essentials for Accelerated Experiential Dynamic Psychotherapy

Natasha Prenz and Diana Fosha

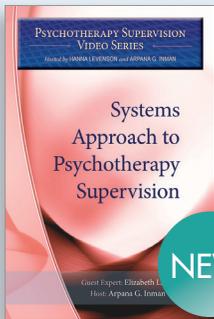
2017. 192 PAGES. PAPERBACK.

LIST: \$29.95 | APA MEMBER/AFFILIATE: \$29.95  
ISBN 978-1-4338-2641-2 | ITEM # 4317435

EACH VIDEO (DVD), unless otherwise noted

List: \$99.95 | APA Member/Affiliate: \$69.95 | Running Time: Approximately 100 minutes | Denotes Closed Caption DVD

# PSYCHOTHERAPY SUPERVISION VIDEO SERIES



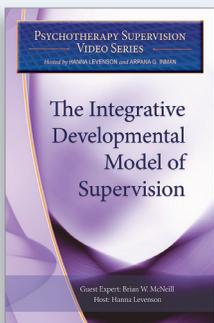
## Systems Approach to Psychotherapy Supervision

with **Elizabeth L. Holloway**

The systems approach to supervision (SAS) provides a heuristic framework designed from empirical, conceptual, and practice knowledge to guide supervisory work. The SAS model can assist in the systematic assessment of supervisees' learning needs and supervisors' teaching interventions while providing a common language to describe a supervisory process that is relevant across different theoretical perspectives. In this video, Elizabeth L. Holloway and her supervisee engage in a supervisory session demonstrating the systems approach, and host Arpana G. Inman interviews Holloway and her supervisee about their work together, exploring the

constructs of this model as they emerge in this supervisory session.

**CC** (DVD) ISBN 978-1-4338-2127-1 | ITEM # 4310951



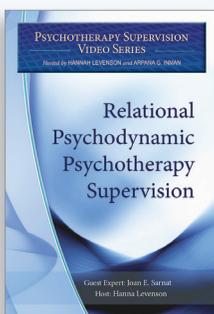
## The Integrative Developmental Model of Supervision

with **Brian W. McNeill**

In *The Integrative Developmental Model of Supervision*, guest expert supervisor Brian W. McNeill demonstrates and discusses this approach to supervision. The goal of the integrative developmental model (IDM) is to promote personal and professional therapist growth through three developmental levels by closely attending to the three overriding structures of Self- and Other-Awareness, Motivation, and Autonomy across eight domains of clinical practice including intervention skills competence, assessment techniques, individual differences, and professional ethics. The IDM stresses the importance of assessing the therapist's developmental level while at the

same time providing the optimal supervisory environment for progression through those levels. In this video, McNeill and his supervisee engage in a supervisory session, and host Arpana G. Inman interviews them about their work together, exploring the constructs of this model as they discuss highlights from the demonstration session.

**CC** (DVD) ISBN 978-1-4338-2124-0 | ITEM # 4310948



## Relational Psychodynamic Psychotherapy Supervision

with **Joan E. Sarnat**

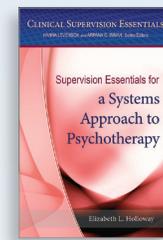
Joan E. Sarnat demonstrates and discusses this approach to supervision. The goal of relational psychodynamic supervision is to create an experiential, participatory, and relationship-focused form of supervision, that not only provides usable psychotherapeutic knowledge and skills, but that also facilitates the emotional and relational development that is essential to becoming an effective psychodynamic psychotherapist. In this video, Sarnat and her supervisee engage in a supervisory session, and host Hanna Levenson interviews them about their work together, exploring the constructs of this

model and the nature of the supervisory relationship. In the session, Sarnat's supervisee conveys that she is frustrated by how her client is discounting her during the termination phase of therapy. By becoming aware of and working with her own feelings of frustration within the supervisory session, Sarnat demonstrates the art of using enactment to help the supervisee increase her self-awareness and thereby deepen her work with the client.

**CC** (DVD) ISBN 978-1-4338-2063-2 | ITEM # 4310942

## Companion Book

Available on Amazon Kindle®



## Supervision Essentials for a Systems Approach to Supervision

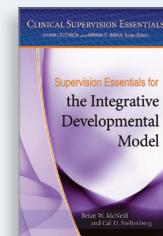
**Elizabeth L. Holloway**

2016. 168 PAGES. PAPERBACK.

LIST: \$29.95 | APA MEMBER/AFFILIATE: \$29.95  
ISBN 978-1-4338-2207-0 | ITEM # 4317405

## Companion Book

Available on Amazon Kindle®



## Supervision Essentials for the Integrative Developmental Model

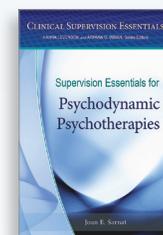
**Brian W. McNeill and Cal D. Stoltenberg**

2016. 176 PAGES. PAPERBACK.

LIST: \$29.95 | APA MEMBER/AFFILIATE: \$29.95  
ISBN 978-1-4338-2141-7 | ITEM # 4317396

## Companion Book

Available on Amazon Kindle®



## Supervision Essentials for Psychodynamic Psychotherapies

**Joan E. Sarnat**

2016. 170 PAGES. PAPERBACK.

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ISBN 978-1-4338-2136-3 | ITEM # 4317395

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