# Division 29
# Society for the Advancement of Psychotherapy

## Convention Program

APA 2021
VIRTUAL

# August 12-14th 2021

**Welcome to our 2021 Convention program for Division 29 - Society for the Advancement of Psychotherapy**


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| **Clara Hill, Ph.D.**<br>President, APA Division 29<br>cehill@umd.edu | **Astrea Greig, Psy.D.**<br>Program Chair, APA<br>agreig@challiance.org | **Jamie Bedics PhD**<br>Program Co-Chair, APA<br>jbedics@callutheran.edu |


## Division 29 Mission

A strong voice for psychotherapy and home for psychotherapists, the Society for the Advancement of Psychotherapy is committed to preserving and expanding the theoretical and evidentiary base for psychotherapy and psychotherapeutic relationships, supporting life-long learning of psychotherapeutic skills, as well as making the benefits of psychotherapy accessible to all. The Society is an international community of practitioners, scholars, researchers, teachers, health care specialists, and students who are interested in and devoted to the advancement of the practice and science of psychotherapy. Our mission is to provide an active, diverse, and vital community and to generate, share, and disseminate the rapidly accumulating evidence base in clinical science and practice. https://societyforpsychotherapy.org/mission/

# Virtual Convention 2021

**Register for APA 2021 at [https://convention.apa.org/](https://convention.apa.org/)**

**APA 2021 Agenda** - https://convention.apa.org/agenda
Check out the official 2021 Agenda for up to date information on Main stage events and Keynote speakers, including the SfAP - Division 29 Program and other division programming.

**All division sessions will be released at the beginning of the convention on Thursday, August 12 for on-demand access by registrants.** There are no timed releases for these sessions.
All pre-recorded content will be available on demand for 3 months following the convention. Downloadable materials may be included with a presentation. A unique advantage of this new format is with your registration, you will have access to more sessions than you otherwise might have been able to attend in person. Sometimes choosing between two great sessions offered at the same time is a pain – but in the virtual format you will have access to all sessions from all divisions, as well as poster sessions.

**Continuing Education:**
APA 2021 registration includes free CE credits for select virtual sessions (1- and 2-hour) that meet Continuing Education criteria. All CE Sessions included in APA 2021 registration are on-demand/home study courses. To earn CE credit for CE Sessions, you must watch the full recorded program, and then pass an exam (at least 75% correct with two attempts).

**NEW - Communicate with presenters and Office Hours:**
You will be able to send messages to presenters through APA's 2021 platform. Presenters have also been given the option to hold Office Hours, scheduled times where you can join them for a video chat, through the convention platform. Some may have also opted to share their social media information, websites, and/or contact information.

# Symposium sessions

## Rolling for Recovery: Therapeutic Applications of Tabletop Role-Playing Games

Session ID: 514
60 Minutes

Cochairs: Allison Battles, PhD, Minneapolis VA Health Care System, Minneapolis, MN & Jared Kilmer, PhD, Minneapolis VA Health Care System, Minneapolis, MN

PARTICIPANT/1ST AUTHOR:
Allison Battles, PhD, Minneapolis VA Health Care System, Minneapolis, MN
Title: Program Evaluation of a Therapeutically Applied Role Playing Game Group Therapy With Veterans

Elizabeth Kilmer, PhD, Game to Grow, Kirkland, WA
Title: The Game to Grow Method of Therapeutically Applied Role-Playing Games

Megan Connell, PhD, Southeast Psych, Charlotte, NC
Title: Applied Gaming Groups: Therapeutic Applications and Models of Training

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## Decolonial Psychotherapy: Healing in Context

Session ID: 515
60 Minutes
Co-listings: 17, 32

Chair: Lillian Comas-Díaz, PhD, Independent Practice, Washington, DC

CEP CONTINUING EDUCATION IN PSYCHOLOGY

PARTICIPANT/1ST AUTHOR:
Lillian Comas-Díaz, PhD, Independent Practice, Washington, DC
Title: Decolonial Psychotherapy

Hector Y. Adames, PsyD, Chicago School of Professional Psychology
Title: A Unified Framework of Decolonial Psychology

Laura S. Brown, PhD, Independent Practice, Seattle, WA
Title: Decolonial Feminist Therapy

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## Using Progress Feedback to Enhance Outcomes of Psychotherapy

Session ID: 516
60 Minutes

CEP CONTINUING EDUCATION IN PSYCHOLOGY

Cochairs: Kim de Jong, PhD, Leiden University, Leiden, Netherlands & Catherine F. Eubanks, PhD, Yeshiva University

PARTICIPANT/1ST AUTHOR:
Kim de Jong, PhD, Leiden University, Leiden, Netherlands
Title: Using Progress Feedback to Improve Outcomes: A Multilevel Meta-Analysis

Wolfgang Lutz, PhD, Trier University, Trier, Germany
Title: Prospective Evaluation of a Clinical Decision Support System Inpsychological Therapy

Jaime Delgadillo, PhD, University of Sheffield, Sheffield, United Kingdom
Title: Cost-Effectiveness of Feedback-Informed Psychological Treatment: Evidence From the IAPT-FIT Trial

Discussant: Catherine F. Eubanks, PhD, Yeshiva University

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## Reducing Health Disparities: Characterizing Therapists Successful With Low-SES Populations

Session ID: 517
60 Minutes

Chair: Louise A. Douce, PhD, Ohio State University, retired

PARTICIPANT/1ST AUTHOR:
Linda F. Campbell, PhD, University of Georgia
Title: Overcoming Classism and Other Barriers to Psychotherapy for People Living in Poverty

Iva Greywolf, PhD, Self-Employed Consultant, Roseberg, OR
Title: Practicing Psychotherapy Outside the Box and Beyond the 50-Minute Hour

Susan S. Woodhouse, PhD, Lehigh University
Title: Effective Therapist Characteristics With Rural and Low SES Populations

Christianne Connelly, MA, University of Georgia
Title: Training in Rural and Low-Income Communities: A Student Perspective

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## Developments in Measurement-Based Care: Telehealth, Payment Models, and Practice-Oriented Research

Session ID: 527
60 Minutes
Co-listings: 31, 46

Chair: James F. Boswell, PhD, University at Albany, SUNY

PARTICIPANT/1ST AUTHOR:
Bruce L. Bobbitt, PhD, Minnesota Psychological Association, Minneapolis, MN
Title: Key Issues in Value-Based Care and Measurement-Based Care

Caroline V. Wright, PhD, APA, Washington DC, DC
Title: The Role of Measurement-Based Care in Demonstrating Quality to Payers

James F. Boswell, PhD, University at Albany, SUNY

Title: Empirical and Conceptual Developments in Measurement-Based Care Implementation Research and Practice

Gayle E. Brooks, PhD, Renfrew Center, Coconut Creek, FL
Title: Quality Monitoring in Eating Disorder Treatment Centers and Sustaining Care During the Pandemic

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## Positive Psychology, Virtue, and Flourishing in Psychotherapy: Research-Practice Integration

Session ID: 508
60 Minutes
Co-listing: 32

Cochairs: Jesse Owen, PhD, University of Denver & Steven J. Sandage, PhD, Boston University

PARTICIPANT/1ST AUTHOR:
Jesse Owen, PhD, University of Denver
Title: Therapists' and Trainees' Perceptions of Flourishing in Training and Practice

Todd J. Farchione, PhD, Boston University
Title: Trajectories of Change in Well-Being During Cognitive-Behavior Therapies for Anxiety Disorders

Sarah Crabtree, PhD, Boston University
Title: Mental Health, Well-Being, and Experiences of the Covid-19 Pandemic: A Clinical Mixed Methods Study

Michael J. Constantino, PhD, University of Massachusetts
Title: Therapist Self-Perceived Competencies as a Determinant of General Between-Therapist Effects

Discussant: Karen W. Tao, PhD, University of Utah

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## How Do Therapists Influence Cultural Processes? Applied Examples and Methods for Training

Session ID: 511
60 Minutes

Chair: Joanna M. Drinane, PhD, University of Utah

PARTICIPANT/1ST AUTHOR:
Laurice M. Cabrera, MS, University of Utah
Title: Intersectional identity Conflicts in Psychotherapy: An Unexplored Facet of Cultural Process

Wing M. Ng, MS, University of Utah
Title: The Effects of Simulation Based Training With Feedback on Counselor's Multicultural Counseling Skill

Jeffrey Grimes, MEd, University of Iowa
Title: Whose Multicultural Orientation Matters More? Effects of Group and Leader MCO

Discussant: Karen W. Tao, PhD, University of Utah

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**Treatment Failure in Psychotherapy: Perspectives on Premature Termination**

Session ID: 512
120 Minutes

Chair: George Silberschatz, PhD, Independent Practice, San Francisco, CA

CONTINUING EDUCATION IN PSYCHOLOGY

PARTICIPANT/1ST AUTHOR:
James McCollum, PhD, San Francisco Psychotherapy Research Group, San Francisco, CA
Title: Contextualizing Treatment Failure Within the Patient's Plan for Therapy

David Kealy, PhD, University of British Columbia, Vancouver, BC, Canada
Title: Preventing Treatment Failure: An Evidence-Based Case Study of Coaching and Premature Termination

Xiaochen Luo, PhD, Santa Clara University
Title: A Comparison of Patient's Coaching Behavior and the Rupture-Repair Framework

Discussant: Shigeru Iwakabe, PhD, Ochanomizu University, Tokyo, Japan

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**What Have We Learned From Expert Supervisors in Action? Empirical Studies and a Video Illustration**

Session ID: 513
120 Minutes

Chair: Hanna Levenson, PhD, Wright Institute

PARTICIPANT/1ST AUTHOR:
Hanna Levenson, PhD, Wright Institute
Title: The APA Expert Psychotherapy Supervision Video Series: A Description and Video Illustration

Benjamin Feldman, BA, Wright Institute
Title: Corrective Experiences in Psychotherapy Supervision: Implications for Learning and Supervising

Meital Bendet, MA, Wright Institute
Title: What Expert Supervisors Do: Findings From Use of the Supervisory Intervention Scale

Discussant: Arpana G. Inman, PhD, Ohio State University

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**Defining and Implementing Principles of Change: A New Partnership Between Clinicians and Researchers**

Session ID: 509
120 Minutes
Co-listing: 41

Cochairs: Louis G. Castonguay, PhD, Penn State University and Michael J. Constantino, PhD, University of Massachusetts Amherst

PARTICIPANT/1ST AUTHOR:
Louis G. Castonguay, PhD, Penn State University
Title: Revisiting Empirically Based Principles of Change

Catherine S. Spayd, PhD, Duncansville Professional Center, Duncansville, PA
Title: Implementing Principles of Change in the Treatment of Anxiety: A Cognitive Behavioral Perspective

Eva D. Papiasvili, PhD, Columbia University in the City of New York
Title: Implementing Principles of Change in the Treatment of Anxiety: A Psychoanalytic Perspective

Igor Weinberg, PhD, McLean Hospital, Harvard University
Title: Implementing Principles of Change in the Treatment of Anxiety: An Integrative Approach

Benjamin Johnson, PhD, RICBT Cognitive Behavioral Therapy and Coaching, North Kingstown, RI
Title: Implementing Principles of Change in Treating Depression: A Cognitive Behavioral Perspective

Dina Vivian, PhD, Stony Brook University
Title: Implementing Principles of Change in Treating Depression: An Integrative Perspective

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## Using Deliberate Practice to Enhance Graduate Training: A Study and a Demonstration

Session ID: 510
120 Minutes
Co-listing: 41, Psi Chi

Chair: Hanna Levenson, PhD, Wright Institute

PARTICIPANT/1ST AUTHOR:
Meredith A. Martyr, PhD, University of Minnesota--Twin Cities
Title: Qualitative Results of the Deliberate Practice Study: What Did the Students Say?

D. Martin Kivlighan III, PhD, University of Iowa
Title: Quantitative Results of the Deliberate Practice Graduate School Study

Hanna Levenson, PhD, Wright Institute
Title: The Goals and Methodology of the DP Graduate School Study With a DP Live Demonstration

Tony Rousmaniere, PsyD, University of Washington
Title: The Goals and Methodology of the DP Graduate School Study With a DP Live Demonstration

Discussant: Hanna Levenson, PhD, Wright Institute

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Sessions offering CE credits have been reviewed and approved by the American Psychological Association Office of Continuing Education in Psychology (CEP) and the Continuing Education Committee (CEC) to offer CE credits for psychologists. The CEP Office and the CEC maintain responsibility for the delivery of the programs.

## Poster session

TITLE/PARTICIPANT - 1ST AUTHOR

*Development of the Feminist Therapy Attitudes Scale*
Susanna A. Kahnke, MS, University of Kansas

*Online Supervision During Covid-19: Adjusting in a Time of Crisis*
Miral Malik, MEd, MA, George Washington University

*Perceived Therapist Cultural Humility/Therapy Outcomes for African Americans from White Therapist*Cordaris O. Butler, MS, University of Kansas (KU)

*Analyzing Psychotherapy Transcripts Using an Automated Text Analysis and visualization Technique*JungSu Oh, PhD, Eastern Illinois University

*Facilitating the Implementation of Evidence-Based Psychotherapies During the Covid-19 Pandemic*
Carin Lefkowitz, PsyD, Uniformed Services University of the Health Sciences

*Replicating Patient-Level Moderators of IPT and CBT's Comparative Efficacy for Depression*
Kimberly A. Sikorski, BS, University of Massachusetts Amherst

*The Impact of Cultural Ruptures in Jail Settings*
Rachel Hughitt, MS, University of Denver

*Does the Alliance-outcome Relationship Differ Across Telepsychology Modalities: A Meta-Analysis*
Yeji Son, MA, University of Iowa

*Do Discrepant Expectations for Couple Therapy Predict an Unbalanced Working Alliance?*
Edmund W. Orlowski, BA, University at Albany–State University of New York

*Anxiety and the Associated Comorbid Disorders: Predicting Therapy Outcomes Using Cluster Analysis*
Sabina Musliu, MA, University of Denver

*Identifying Evidence-Based Mental Health interventions That Address the Covid-19 Pandemic*
Monica S. Vel, BS, Stanford University

*Patient-Therapist Expectancy Convergence and Outcome in Naturalistic Psychotherapy*
Averi N. Gaines, BA, University of Massachusetts

*Change in Satisfaction With Social Support as a Common outcome in IPT and CBT for Depression*
Averi N. Gaines, BA, University of Massachusetts, Amherst, MA

*Public Trust in Mental Healthcare Professionals and Therapy*
Nicholas J. Brewster, BA, University of La Verne

*Early Therapeutic Alliance as a Predictor of Treatment Outcomes in Psychotherapy*
Andrew Dimmick, BS, University of North Texas

*Independent Practitioners' Experience in Initial Months of the Covid-19 Pandemic*
Lindsay A. Phillips, PsyD, Marywood University and Independent Practice, Scranton, PA

*Two's Company, Three's a Crowd? An Empirical Exploration of Split Alliances in Couples Therapy*
Jasmine R. Davis, MS, University of Denver

*Resolution of Bicultural Conflict in Multicultural Counseling: A Task Analysis*
Minsun Lee, PhD, Seton Hall University

*Psychologist Use and Attitudes Toward Mobile Applications: A Nationally Representative Sample*
Danielle Schweitzer, Rowan University

*The Effect of Ethnicity on Perception of Mental Health Promotion*
Andrea E. Castro, University of La Verne

*Guidelines for Therapist Self-disclosure of Language Proficiency in Bilingua Therapy*
Lauren Zaeske, MS, University of Kansas

*In-Session Mindfulness of Therapists in Training*
Kelley Quirk, PhD, Colorado State University

*Telehealth, Psychotherapy, and Pandemic*
Jean M. Birbilis, PhD, University of St. Thomas

*Agreement of Therapist Skill Use With Self-Reported Theoretical Orientation*
Katherine E. Axford, MA, University of Utah

*Power Dynamics in the Dyadic Therapeutic Relationship*
Debora B. Handojo, MA, Loma Linda University

*A Latent Change Model Exploring Virtue and Well-Being in Psychodynamic Psychotherapy*
Peter J. Jankowski, PhD, Danielsen Institute, Boston, MA

**Note:**
All pre-recorded scheduled events and on-demand presentations will be closed captioned. If you require additional accommodations, please email convention@apa.org as soon as possible so that they can work with you. Some requests will require a few days to fulfill.

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AUGUST 12-14
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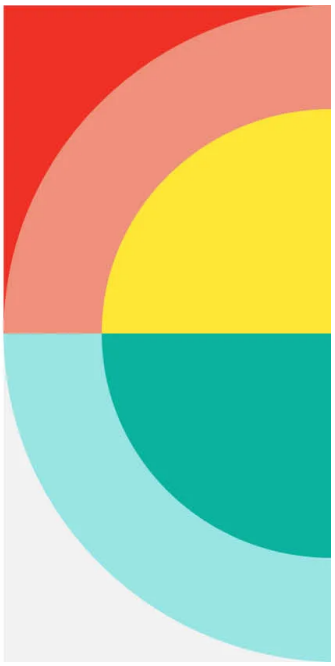

# LIVE Virtual Division 29 events

**Division 29 2021 Awards Ceremony**

Friday 8/13
7pm EST
*Zoom link TBD*

**Gab with the Greats! - Meet with Psychotherapy Experts**
*Live networking and mentoring event for students and early career members. Stay tuned for more information on our panel of experts!*

Saturday 8/14
2:30pm - 4pm EST
*Zoom link TBD*

# Join Division 29!

Home to psychologists and mental health professionals from across the globe who are interested in psychotherapy. If you are a psychotherapy practitioner, researcher, theoretician, trainer, clinical supervisor, or student, welcome home! https://societyforpsychotherapy.org/why-join/

Society for the Advancement of Psychotherapy

Everything you wanted to know about the division: https://societyforpsychotherapy.org/everything-you-wanted-to-know-about-the-division-its-benefits-and-resources/

## Mark Your Calendars!