

Average Adherence to Ideal Process Prototypes Across Treatments (N = 16)

Prototype	<i>z score M</i>	<i>SD</i>
CBT	0.88	0.09
RF	0.36	0.04
PA	-0.06	0.03
SET	0.62	0.05

Note. CBT = cognitive behavioral therapy; RF = reflective functioning; PA = psychoanalytic; SET = supportive-expressive therapy. *z score M* reflects the average level of adherence to ideal process prototypes across all treatments. Pearson correlations between each treatment and CBT, RF, PA, and SET prototypes were converted to *z* scores using the Fisher *r* to *Z* transformation and averaged to find the *z score M*.