

Most Characteristic Psychotherapy Process Q Set Items for Regulation-Focused Psychotherapy for Children Parent Sessions
(*N* = 49)

Category	Psychotherapy Process Q Set number	Psychotherapy Process Q Set item	Mean rating number
Parent characteristics Therapist characteristics	88	Parent brings up significant issues and material.	8.15
	46 ^{a,b,c}	Therapist communicates with parent in a clear, coherent style.	7.90
	45 ^{c,d}	Therapist adopts a supportive stance.	7.87
	31 ^{c,d}	Therapist asks for more information or elaboration.	7.73
	6 ^{a,b,c}	Therapist is sensitive to the parent's feelings, attuned to the parent, empathic.	7.70
	18 ^{b,c}	Therapist conveys a sense of nonjudgmental acceptance.	7.68
	43	Therapist suggests the meaning of other's behavior.	7.63
Cocreated elements	69 ^{a,c,d}	Parent's current or recent life situation is emphasized in discussion.	8.49
	63 ^c	Parent's interpersonal relationships are a major theme.	8.43
	23 ^d	Dialogue has a specific focus.	8.01

Note. CBT = cognitive behavioral therapy; RF = reflective functioning; PA = psychoanalytic; SET = supportive-expressive therapy.

^a One of the most characteristic RF prototype items. ^b One of the most characteristic PA prototype items. ^c One of the most characteristic SET prototype items. ^d One of the most characteristic CBT prototype items.