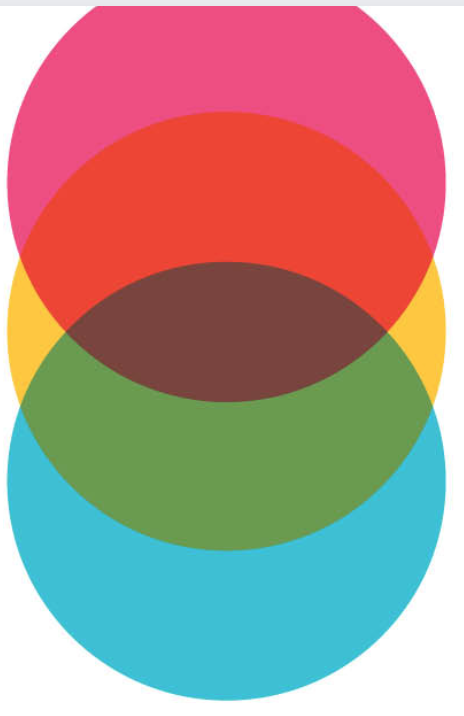
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**Division 29**

**Society for the Advancement of Psychotherapy**

2023 Convention Program

**August 3rd to 5th**

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| **Welcome to our 2023 Convention program for the Society for the Advancement of Psychotherapy- APA Division 29** |

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| **Jean M. Birbilis, PhD**  President, APA Division 29  [jmbirbilis@stthomas.edu](mailto:jmbirbilis@stthomas.edu) | **Jamie Bedics PhD, ABPP**  Program Co-Chair, APA  [jbedics@callutheran.edu](mailto:jbedics@callutheran.edu) | **Alice Coyne PhD**  Program Co-Chair, APA  [aec154@case.edu](mailto:aec154@case.edu) |

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| **Division 29 Mission**    A strong voice for psychotherapy and home for psychotherapists, the Society for the Advancement of Psychotherapy is committed to preserving and expanding the theoretical and evidentiary base for psychotherapy and psychotherapeutic relationships, supporting life-long learning of psychotherapeutic skills, as well as making the benefits of psychotherapy accessible to all.  The Society is an international community of practitioners, scholars, researchers, teachers, health care specialists, and students who are interested in and devoted to the advancement of the practice and science of psychotherapy. Our mission is to provide an active, diverse, and vital community and to generate, share, and disseminate the rapidly accumulating evidence base in clinical science and practice.  <https://societyforpsychotherapy.org/mission/> |

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| **APA Convention 2023** |

**Registration Now Open!**

[**https://convention.apa.org/?\_ga=2.146811511.1324726161.1684953764-636845947.1670356884**](https://convention.apa.org/?_ga=2.146811511.1324726161.1684953764-636845947.1670356884)

**Thursday, August 3rd**

**8:30–9:20 AM**

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Description automatically generated**Skill Building: A Model Applying Deliberate Practice to Exposure and Response Prevention for OCD**

**Location**: Walter E. Washington Convention Center, Level 1, Room 143C

**Divisions:** 29

**Chair:** Michelle Cuevas (Presenter)

**Participants:**

**Description:** Deliberate Practice (DP) provides experiential training for a clinician at any stage in their professional development. This presentation aims at proposing a clinical trainer-of-trainers framework utilizing DP with Exposure and Response Prevention (ERP) in a managed healthcare organization.

**12:00–1:50 PM**

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Description automatically generated**Symposium 2.0: Who Works for Whom? A Research Program on Uncovering and Harnessing Therapists’ Empirical Strengths**

**Location**: Walter E. Washington Convention Center, Level 1, Room 144B

**Divisions:** 29

**Chair:** Michael Constantino (Presenter)

**Participants:** James Boswell, Alice Coyne, David Kraus

**Description:** In this symposium, we will present (in a chronological manner) four interrelated works from a collaborative and community-engaged program of research on therapist effects in psychotherapy. The data address the complex question of who (therapists) best work for whom (patients), which can help optimize precision mental health care.

**3:00–3:50pm**

**Symposium 2.0: Practice-Research Networks: The Power of Practice, Technology, and Research to Improve Psychotherapy**

**Location**: Walter E. Washington Convention Center, Level 1, Room 150B

**Divisions:** 29

**Chair:** Jesse Owen (Presenter)

**Participants:** Matteo Bugatti, Jeremy Coleman

**Description:** Practice-Research Networks (PRN), aided by technological advances, provide ways to address important practice-oriented questions. This Symposium will address: What is the ideal frequency of sessions in brief treatment? Do therapists have better client outcomes over the course of their career? What therapist factors may be associated with those changes?

**Friday, August 4th**

**8:00–8:50**

**Symposium 2.0: Psychotherapy with Low-SES Rural White Populations: What We Know about Effective Practice**

**Location**: Walter E. Washington Convention Center, Level 1, Room 144B

**Divisions: 29**

**Chair:** Susan Woodhouse (Presenter)

**Participants:** Linda Campbell, Emily Selby-Nelson, Christianne Connelly

**Description:** Findings from interviews with effective psychotherapists have been analyzed and are presented. The data identify characteristics of psychotherapists who treat low-income, economically marginalized (LIEM) rural white populations.

**9:00–10:50AM**

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Description automatically generated**Symposium 2.0: Therapy That Can Hear Us: Infusing Liberation Psychology into CBT for Black Clients.**

**Location**: Walter E. Washington Convention Center, Level 1, Room 140A

**Divisions:** 29

**Chair:** Meag-gan O'Reilly (Presenter)

**Participants:**

**Description:** Data indicated an unprecedented number of Black people are seeking therapy for the first time, but some are finding CBT limited in its approach. This symposium will discuss why and how to incorporating Liberation Psychology into CBT helps to better serve Black clients compassionately and with cultural humility.

**12:00–12:50pm**

**Executive Meeting: Psychotherapy Editorial Board Lunch (Invitation Only)**

**Location**: Marriott Marquis, Level 3, Capitol Hill Room

**1:00–2:50 PM**

**Symposium 2.0: Psychotherapy Skills and Methods that Work**

**Location**: Marriott Marquis, Level 4, Capitol Room

**Divisions:** 29

**Chair:** Clara Hill (Presenter)

**Participants:** Elizabeth Williams, Heidi Levitt, Paul Peluso, Joshua Swift, Truls Ryum

**Description:** After introducing the rationale for studying psychotherapy skills/methods, we will present reviews of the association between five skills/methods (questions, silences, paradoxical interventions, role induction, and homework) and outcome. Presenters will provide definitions, clinical descriptions, and evidence. We will conclude with a review of the evidence for the effectiveness of skills/methods.

**3:00–3:50PM**

**Presidential Address - Psychotherapy: Everything Everywhere All At Once**

**Location**: Marriott Marquis, Level 4, Independence Salon D

**Description:** Presidential Address given by Dr. Jean Birbilis, APA Division 29, Society for the Advancement of Psychotherapy

**4:00–4:50PM**

**Awards Ceremony**

**Location**: Marriott Marquis, Level 4, Independence Salon D

**5:00–5:50PM**

**SfAP Division 29 Social Hour!**

**Location**: Marriott Marquis, Level 4, Independence Salon D

**Saturday, August 5th**

**8:00–9:50AM**

**Symposium 2.0: Research and Training Innovations Based On The Therapist Attunement Scales**

**Location**: Walter E. Washington Convention Center, Level 1, Room 144C

**Divisions:** 29

**Chair:** Kenneth Rice

**Participants: Eric Sauer, Jon Hook, Qianyi Wang, Hunggu Cho**

**Description:** We provide a conceptual and empirical overview of the Therapist Attunement Scales (TASc; Talia &amp; Muzi, 2017) followed by training-relevent presentations: (a) the development of a training/intervention for therapists, (b) outcomes from counselors in training learning TASc concepts, and (c) qualitative approaches to identify valuable training components.

**11:00–12:50PM**

**Symposium 2.0: Science and Practice of Competency in Psychotherapy: The Role of Training, Feedback, and Measurement**

**Location**: Walter E. Washington Convention Center, Level 1, Room 159

**Divisions:** 29

**Chair:** Mark Terjesen (Presenter)

**Participants: Rebecca Stock, Jessica Weiss, Morgan Schall, Olivia Walsh, Rachel Vaughn**

**Description:** This presentation will evaluate competency measures in the delivery of CBT, discuss the link between training and competency in REBT, examine whether competency impacts outcomes, present strategies to improve competency, and review competency training in supervision and behavioral parent training.

**2:00–3:50PM**

**Symposium 2.0: Exceptional therapists: How to find them and what to do about them**

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**Location**: Walter E. Washington Convention Center, Level 1, Room 144A

**Divisions:** 29

**Chair:** Stevan Nielsen (Presenter)

**Participants: David Erekson, Raymond DiGiuseppe, Dianne Nielsen**

**Description:** Clients treated by most psychotherapists improve. Two therapists among the 471 therapists at one clinic stood out for clients who, on average, improved significantly more and deteriorated significantly less than average. We describe the techniques used to discover this, the therapists' approaches, and the complex implications of this finding.

**4:00–4:50PM**

**Poster Session**

**Location**: Walter E. Washington Convention Center, Level 2, Halls D and E

**Virtual Poster Session - On Demand**

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| **Division 29 SfAP Program Calendar** | | | |
| **Time (local)** | **Thurs** | **Fri** | **Sat** |
| **8:00 AM** | A Model Applying Deliberate Practice to Exposure and Response Prevention for OCD | Psychotherapy with Low-SES Rural White Populations: What We Know about Effective Practice | Research and Training Innovations Based On The Therapist Attunement Scales |
| **9:00 AM** | Therapy That Can Hear Us: Infusing Liberation Psychology into CBT for Black Clients. |
| **10:00 AM** |  |  |
| **11:00 AM** |  |  | Science and Practice of Competency in Psychotherapy: The Role of Training, Feedback, and Measurement |
| **12:00 PM** | Who Works for Whom? A Research Program on Uncovering and Harnessing Therapists’ Empirical Strengths | Psychotherapy Editorial Board Invited Lunch |
| **1:00 PM** | Psychotherapy Skills and Methods that Work |  |
| **2:00 PM** |  | Exceptional therapists: How to find them and what to do about them |
| **3:00 PM** | Practice-Research Networks: The Power of Practice, Technology, and Research to Improve Psychotherapy | Presidential Address: What Makes Psychotherapy Work? |
| **4:00 PM** |  | Awards Ceremony | Poster Session |
| **5:00 PM** |  | Social Hour |  |

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| **Join Division 29!** |



Home to psychologists and mental health professionals from across the globe who are interested in psychotherapy. If you are a psychotherapy practitioner, researcher,

theoretician, trainer, clinical supervisor, or student, welcome home! <https://societyforpsychotherapy.org/why-join/>

Everything you wanted to know about the division:

<https://societyforpsychotherapy.org/everything-you-wanted-to-know-about-the-division-its-benefits-and-resources/>

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| **CE Note:**  *Sessions offering CE credits have been reviewed and approved by the American Psychological Association Office of Continuing Education in Psychology (CEP) and the Continuing Education Committee (CEC) to offer CE credits for psychologists. The CEP Office and the CEC maintain responsibility for the delivery of the programs.*  Must scan badge in/scan badge out for each CES. No additional fees to attend CES. One-time fee to claim unlimited CES credit. For details see <https://convention.apa.org/ce/sessions> |