

APA 2023



Division 29
Society for the
Advancement of
Psychotherapy
2023 Convention
Program

August 3rd to 5th

Welcome to our 2023 Convention program for the Society for the Advancement of Psychotherapy- APA Division 29

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Division 29 Mission

A strong voice for psychotherapy and home for psychotherapists, the Society for the Advancement of Psychotherapy is committed to preserving and expanding the theoretical and evidentiary base for psychotherapy and psychotherapeutic relationships, supporting life-long learning of psychotherapeutic skills, as well as making the benefits of psychotherapy accessible to all.

The Society is an international community of practitioners, scholars, researchers, teachers, health care specialists, and students who are interested in and devoted to the advancement of the practice and science of psychotherapy. Our mission is to provide an active, diverse, and vital community and to generate, share, and disseminate the rapidly accumulating evidence base in clinical science and practice.

<https://societyforpsychotherapy.org/mission/>



APA Convention 2023

Registration Now Open!

https://convention.apa.org/?_ga=2.146811511.1324726161.1684953764-636845947.1670356884

Thursday, August 3rd

8:30–9:20 AM

Skill Building: A Model Applying Deliberate Practice to Exposure and Response Prevention for OCD



Location: Walter E. Washington Convention Center, Level 1, Room 143C

Divisions: 29

Co-Chairs: Michelle Cuevas, Layla Davis

Participants: Michelle Cuevas, Layla Davis

Description: Deliberate Practice (DP) provides experiential training for a clinician at any stage in their professional development. This presentation aims at proposing a clinical trainer-of-trainers framework utilizing DP with Exposure and Response Prevention (ERP) in a managed healthcare organization.

12:00–1:50 PM

Symposium 2.0: Who Works for Whom? A Research Program on Uncovering and Harnessing Therapists' Empirical Strengths



Location: Walter E. Washington Convention Center, Level 1, Room 144B

Divisions: 29

Chair: Michael Constantino (Presenter)

Participants: James Boswell, Alice Coyne, Averi Gaines

Description: In this symposium, we will present (in a chronological manner) four interrelated works from a collaborative and community-engaged program of research on therapist effects in psychotherapy. The data address the complex question of who (therapists) best work for whom (patients), which can help optimize precision mental health care.

3:00–3:50pm

Symposium 2.0: Practice-Research Networks: The Power of Practice, Technology, and Research to Improve Psychotherapy

Location: Walter E. Washington Convention Center, Level 1, Room 150B

Divisions: 29

Chair: Jeff Reese

Participants: Matteo Bugatti, Jeremy Coleman, Jesse Owen

Description: Practice-Research Networks (PRN), aided by technological advances, provide ways to address important practice-oriented questions. This symposium will address: What is the ideal frequency of sessions in brief treatment? Do therapists have better client outcomes over the course of their career? What therapist factors may be associated with those changes?

Friday, August 4th

8:00–8:50

Symposium 2.0: Psychotherapy with Low-SES Rural White Populations: What We Know about Effective Practice

Location: Walter E. Washington Convention Center, Level 1, Room 144B



Divisions: 29

Chair: Susan Woodhouse (Presenter)

Participants: Linda Campbell, Emily Selby-Nelson, Christianne Connelly

Description: Findings from interviews with effective psychotherapists have been analyzed and are presented. The data identify characteristics of psychotherapists who treat low-income, economically marginalized (LIEM) rural white populations.

9:00–10:50AM

Symposium 2.0: Therapy That Can Hear Us: Infusing Liberation Psychology into CBT for Black Clients.

Location: Walter E. Washington Convention Center, Level 1, Room 140A



Divisions: 29

Chair: Meag-gan O'Reilly (Presenter)

Participant: Meag-gan O'Reilly

Description: Data indicated an unprecedented number of Black people are seeking therapy for the first time, but some are finding CBT limited in its approach. This symposium will discuss why and how to incorporating Liberation Psychology into CBT helps to better serve Black clients compassionately and with cultural humility.

12:00–12:50pm

Executive Meeting: Psychotherapy Editorial Board Lunch (Invitation Only)

Location: Marriott Marquis, Level 3, Capitol Hill Room

(Friday continued next page)

Friday, August 4th (continued)

1:00–2:50 PM

Symposium 2.0: Psychotherapy Skills and Methods that Work

Location: Marriott Marquis, Level 4, Capitol Room

Divisions: 29

Co-Chairs: Clara Hill, John Norcross

Participants: Elizabeth Williams, Heidi Levitt, Paul Peluso, Joshua Swift, Truls Ryum

Description: After introducing the rationale for studying psychotherapy skills/methods, we will present reviews of the association between five skills/methods (questions, silences, paradoxical interventions, role induction, and homework) and outcome. Presenters will provide definitions, clinical descriptions, and evidence. We will conclude with a review of the evidence for the effectiveness of skills/methods.

3:00–3:50PM

Presidential Address - Psychotherapy: Everything Everywhere All At Once

Location: Marriott Marquis, Level 4, Independence Salon D

Description: Presidential Address given by Dr. Jean Birbilis, APA Division 29, Society for the Advancement of Psychotherapy

4:00–4:50PM

Awards Ceremony

Location: Marriott Marquis, Level 4, Independence Salon D

5:00–5:50PM

SfAP Division 29 Social Hour!

Location: Marriott Marquis, Level 4, Independence Salon D

Saturday, August 5th

8:00–9:50AM

Symposium 2.0: Research and Training Innovations Based On The Therapist Attunement Scales

Location: Walter E. Washington Convention Center, Level 1, Room 144C



Divisions: 29

Co-Chairs: Kenneth Rice, Eric Sauer

Participants: Eric Sauer, Jon Hook, Qianyi Wang, Hunggu Cho

Description: We provide a conceptual and empirical overview of the Therapist Attunement Scales (TASc; Talia & Muzi, 2017) followed by training-relevant presentations: (a) the development of a training/intervention for therapists, (b) outcomes from counselors in training learning TASc concepts, and (c) qualitative approaches to identify valuable training components.

11:00–12:50PM

Symposium 2.0: Science and Practice of Competency in Psychotherapy: The Role of Training, Feedback, and Measurement

Location: Walter E. Washington Convention Center, Level 1, Room 159

Divisions: 29

Chair: Mark Terjesen

Participants: Rebecca Stock, Jessica Weiss, Morgan Schall, Olivia Walsh, Rachel Vaughn

Description: This presentation will evaluate competency measures in the delivery of CBT, discuss the link between training and competency in REBT, examine whether competency impacts outcomes, present strategies to improve competency, and review competency training in supervision and behavioral parent training.

2:00–3:50PM

Symposium 2.0: Exceptional therapists: How to find them and what to do about them

Location: Walter E. Washington Convention Center, Level 1, Room 144A



Divisions: 29

Chair: David Erikson (Presenter)

Participants: Raymond DiGiuseppe, Dianne Nielsen, Stevan Nielsen

Description: Clients treated by most psychotherapists improve. Two therapists among the 471 therapists at one clinic stood out for clients who, on average, improved significantly more and deteriorated significantly less than average. We describe the techniques used to discover this, the therapists' approaches, and the complex implications of this finding.

(Saturday continued on next page)

Saturday, August 5th (Continued)

4:00–4:50PM

Poster Session

Location: Walter E. Washington Convention Center, Level 2, Halls D and E

Virtual Poster Session - On Demand

Division 29 SfAP Program Calendar

Time (local)	Thurs	Fri	Sat
8:00 AM	A Model Applying Deliberate Practice to Exposure and Response Prevention for OCD	Psychotherapy with Low-SES Rural White Populations: What We Know about Effective Practice	Research and Training Innovations Based On The Therapist Attunement Scales
9:00 AM		Therapy That Can Hear Us: Infusing Liberation Psychology into CBT for Black Clients.	
10:00 AM			
11:00 AM			Science and Practice of Competency in Psychotherapy: The Role of Training, Feedback, and Measurement
12:00 PM	Who Works for Whom? A Research Program on Uncovering and Harnessing Therapists' Empirical Strengths	Psychotherapy Editorial Board Invited Lunch	
1:00 PM			
2:00 PM		Psychotherapy Skills and Methods that Work	Exceptional therapists: How to find them and what to do about them
3:00 PM	Practice-Research Networks: The Power of Practice, Technology, and Research to Improve Psychotherapy	Presidential Address: What Makes Psychotherapy Work?	
4:00 PM		Awards Ceremony	Poster Session
5:00 PM		Social Hour	

Join Division 29!

Home to psychologists and mental health professionals from across the globe who are interested in psychotherapy. If you are a psychotherapy practitioner, researcher, theoretician, trainer, clinical supervisor, or student, welcome home!
<https://societyforpsychotherapy.org/why-join/>



Everything you wanted to know about the division:
<https://societyforpsychotherapy.org/everything-you-wanted-to-know-about-the-division-its-benefits-and-resources/>

CE Note:

Sessions offering CE credits have been reviewed and approved by the American Psychological Association Office of Continuing Education in Psychology (CEP) and the Continuing Education Committee (CEC) to offer CE credits for psychologists. The CEP Office and the CEC maintain responsibility for the delivery of the programs.

Must scan badge in/scan badge out for each CES. No additional fees to attend CES. One-time fee to claim unlimited CES credit. For details see <https://convention.apa.org/ce/sessions>