APA 2022

Division 29 - Society for the Advancement of Psychotherapy Convention Program

August 4-6th 2022

Welcome to our 2022 Convention program for Division 29 - Society for the Advancement of Psychotherapy

Clara Hill, PhD President, APA Division 29 cehill@umd.edu	**Astrea Greig, PsyD** Program Chair, APA agreig@challiance.org	**Jamie Bedics PhD** Program Co-Chair, APA jbedics@callutheran.edu

Division 29 Mission

A strong voice for psychotherapy and home for psychotherapists, the Society for the Advancement of Psychotherapy is committed to preserving and expanding the theoretical and evidentiary base for psychotherapy and psychotherapeutic relationships, supporting life-long learning of psychotherapeutic skills, as well as making the benefits of psychotherapy accessible to all. The Society is an international community of practitioners, scholars, researchers, teachers, health care specialists, and students who are interested in and devoted to the advancement of the practice and science of psychotherapy. Our mission is to provide an active, diverse, and vital community and to generate, share, and disseminate the rapidly accumulating evidence base in clinical science and practice. https://societyforpsychotherapy.org/mission/

Society for the Advancement of Psychotherapy

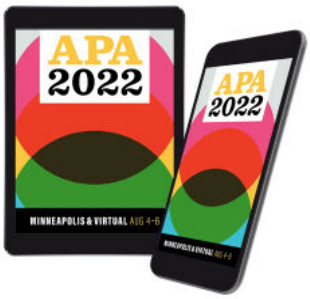
APA 2022

AUG 4-6 REGISTER TODAY CONVENTION.APA.ORG

APA Convention 2022

Register for APA 2022 - https://convention.apa.org/

APA 2022 Agenda - https://convention.apa.org/agenda/agenda-at-a-glance
Full schedule online app http://app.core-apps.com/apa2022
Or download the app to your device:



The full APA 2022 program is only available in the mobile app.

Download the app to:

- Get up-to-the-minute exhibitor, speaker and event information
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Available on the App Store

APA 2022 is in person & virtual.
A minimum of 75% of presenters for all symposia will be in person.
We additionally have an in-person poster session and some posters available virtually.
For virtual content, there will be two simultaneous livestream channels of content from the Main and Feature Stages.

Vaccination Requirement
Attendees will be required to show proof that they are fully vaccinated for COVID-19 to enter the in-person APA 2022 event at the Minneapolis Convention Center. https://convention.apa.org/health-and-safety

Need CE? Pre-purchase All Access CE Session credits for a $125 fee and earn unlimited credits in Minneapolis. As a bonus, select CE Sessions recorded during the live event in Minneapolis will be made available as on-demand videos for three months starting at the end of August.

Thursday, Aug. 4, 9:00–9:50am

Symposium 2.0: Cultural Humility, Comfort, and Opportunities in Practice and Supervision

Minneapolis Convention Center, Level Two, Room 200C

Divisions: 29, 17

- **Chair:** Theodore T. Bartholomew, PhD, Scripps College
- **Participants:** Stephanie Winkeljohn-Black, PhD, Augusta University, Melanie M. Wilcox, PhD. Multicultural Orientation in Cross-Racial Clinical Supervision

Jeremy Coleman, PhD, University of Utah, Joanna M. Drinane, PhD, Jesse Owen, PhD, Sree Sinha, MA, Emma Porter, MA, Courtney F. Agorsor, MS, Georgia State University, Cirleen Deblaere, PhD, Donald E. Davis, PhD, Georgia State University. Including Clients Experiencing Incarceration---Cultural Humility, Cultural Opportunities, the Working

Theodore T. Bartholomew, PhD, New Mexico State University, Andres E. Perez-Rojas, PhD, Rashanta Bledman, PhD, Purdue University, Eileen E. Joy, MA, Krista A. Robbins, MEd, Purdue University. A Multiple Case Study of Therapists' Comfort When Black Clients Discuss Anti-Black Racism in Session

- **Participant/1stAuthor:** Andres E. Perez-Rojas, PhD, New Mexico State University

Thursday, Aug. 4, 10:00–10:50am

Symposium 2.0: Psychotherapy Incorporating Horses---Empirical Findings and Case Examples

Minneapolis Convention Center, Level One, Room 101E

CEP CONTINUING EDUCATION IN PSYCHOLOGY

Division: 29

- **Chair:** Angela Fournier, PhD, Bemidji State University
- **Participants:** Elizabeth Letson, MS, Independent Practice, Bemidji, MN. Macro vs. Micro---Equine-Assisted Psychotherapy in the Treatment of Trauma-Related Disorders

Joy Hanson, BA, Independent Practice, Bemidji, MN. A Perfect Partner in Psychotherapy---Horses Assist Through Natural Presence and Behavior

Emma Pasiuk, MA, Christine Rudd, MS, Katy Schroeder, PhD, Texas Tech University. Preliminary Exploration of Human Experiences During Common Equine-Assisted Psychotherapy Activities

Thursday, Aug. 4, 1:00–1:50pm

Symposium 2.0: Technology-Based Strategies and the Advancement of Psychotherapy

Minneapolis Convention Center, Level Two, Room 207AB

Divisions: 29, 46

- **Chair:** Jesse Owen, PhD, University of Denver
- **Participants:** Matteo Bugatti, PhD, Jesse Owen, PhD, SonderMind Inc, Denver, CO, Zachary Richardson, PhD, Wendy Rasmussen, PhD, Douglas Newton, MD, SonderMind Inc, Denver, CO. Access to Care and Therapist Effects on Early Dropout---Findings From a Behavioral Health Technology

Wendy Rasmussen, PhD, University of Denver, Matteo Bugatti, PhD, Jesse Owen Owen, PhD, SonderMind Inc, Denver, CO, Zachary Richardson, PhD, Douglas Newton, MD, SonderMind Inc, Denver, CO. Clinician and Client Engagement and Training With a Technology-Based Platform

Zac Imel, PhD, Lyssn, Salt Lake City, UT, David Atkins, PhD, Mike Tanana, PhD, University of Utah, Vivek Srikumar, PhD. Machine-Learning and the Development of Adaptive Clinical Training

Thursday, Aug. 4, 2:00–2:50pm

Symposium 2.0: All About The Nerve! Case Study And Applications on Treating Panic Attacks and OCD and Social Media

Minneapolis Convention Center, Level One, Room 103D

Divisions: 29, 12, 46

- **Chair:** Yi-An L. Burleson, PhD, MA, Penn State University, Beaver
- **Participants:** Lei Y. Sun, MS, University of Miami. Treating an Adult Patient With Panic Disorder in a Cancer Hospital

Michi Fu, PhD, Alliant International University–Los Angeles. I Need to Purchase a Third House---Managing Panic Attacks

Brittany R. Bacorn, AA, Penn State University, Beaver. Does Social Media Use Increase Severity of OCD During the Pandemic?

Yi-An L. Burleson, PhD, MA, Penn State University, Beaver. The Relationships Between Panic Attacks, Sleep, and Eating

Friday, Aug. 5, 9:00–9:50am

Symposium 2.0: Mental Health Crisis and the COVID-19 Pandemic---The Crucial Role of Measurement-Based Care (MBC)

Minneapolis Convention Center, Level One, Room 102E

Division: 29

- **Chair:** Nicole Owings-Fonner, MA, APA
- **Participants:** Kathleen Lysell, PsyD, Independent Practice, Lakeway, TX. Measurement-Based Care as an Evidence-Based Practice in Psychology

Kimberly Hepner, PhD, RAND Corporation, Santa Monica, CA. Disseminating Best Practices in MBC---The Role of an MBC Professional Practice Guideline

Amber W. Childs, PhD, Yale University. Application of MBC in Psychiatrically High-Risk Group-Based

Setting

Kari Stephens, PhD, University of Washington. Resources for Implementing Measurement-Based Care

Friday, Aug. 5, 10:00–10:50am

Symposium 2.0: Effective Therapeutic Practice with Low-SES Indigenous and Rural White Populations---New Data

Minneapolis Convention Center, Level Two, Room 208D

Divisions: 29, 18

- **Chair:** Louise Douce, PhD, Ohio State University
- **Participants:** Linda Campbell, PhD, University of Georgia. The Context of the Problem, Barriers, and Cultural Competence

Iva Greywolf, PhD, Independent Practice, Roseberg, OR. Clinical Experiences With Alaska Native Populations

Emily Selby-Nelson, PsyD, Cabin Creek Health Systems, Charleston, WV. Clinical Experiences With Rural, White Populations

Susan S. Woodhouse, PhD, Lehigh University. Effective Therapist Characteristics With Indigenous Peoples and Low-SES, Rural, White Populations

Christianne Connelly, PhD, Lehigh University, Sara Beachy, MS. Experiences in Conducting the Interviews as Rural-Identified Students

Friday, Aug. 5, 12:00–12:50pm

Symposium 2.0: Addressing Microaggressions and Racist Comments in Psychotherapy

Minneapolis Convention Center, Level One, Ballroom B (*Featured Stage*)

Divisions: 29, 45

CEP CONTINUING EDUCATION IN PSYCHOLOGY

- **Chair:** Lillian Comas-Diaz, PhD, George Washington University
- **Participants:** Michelle Joaquin, PsyD, MA, USC Children's Hospital of Los Angeles. Should We Address Client's Racist Remarks in Psychotherapy?

Daniel J. Gaztambide, PsyD, The New School for Social Research. Moving Up and "Putting Down"---Microaggressions as a Royal Road to the Social Unconscious

Minsun Lee, PhD, Seton Hall University. Therapists' Experiences of Addressing Clients' Racism---Challenges and Lessons Learned

Friday, Aug. 5, 3:00–3:50pm

Presidential Address - Helping Skills Training

Minneapolis Convention Center, Level Two, Room 200F

Division: 29

Friday, Aug. 5, 4:00–4:50pm

Awards Ceremony

Minneapolis Convention Center, Level Two, Room 200F

Division: 29

Friday, Aug. 5, 5:00–5:50pm

Symposium 2.0: Buddhist Psychotherapy---Theoretical Bases of Mindfulness

Minneapolis Convention Center, Level One, Room 101D

Divisions: 29, 36

- **Chair:** Debra M. Kawahara, PhD, Alliant International University San Diego
- **Participants:** Liang M. Tien, PhD, Alliant International University San Diego. Mindfulness and Meditation---Theory and Cultural Roots of Buddhist Psychotherapy

Kin C. Lee, PhD, University of Hong Kong, Pok Fu Lam, Hong Kong. Introduction to Buddhist Psychotherapy Skills and Techniques

Friday, Aug. 5, 5:15pm

SfAP Division 29 Social Hour!

University of St Thomas, minutes from convention center

Saturday, Aug. 6, 8:00–8:50am

Symposium 2.0: Advancing Psychotherapy Relevance---Colonization, Coloniality and Decolonization

Minneapolis Convention Center, Level One, Room 101D

Divisions: 29, 45

- **Chair:** Lillian Comas-Diaz, PhD, George Washington University
- **Participants:** Daniel J. Gaztambide, PsyD, The New School for Social Research. Racism in Puerto Rico Across Empires---Clinical and Theoretical Implications

Jaime E. Inclan, PhD, New York University School of Medicine. Decolonizing Psychotherapy---Integrating Holistic Epistemology and Environment Into Psychotherapy

Dinelia Rosa, PhD, Teachers College, Columbia University. Colonialism and Inner States

Sonia Cepeda-Hernandez, PhD, Albizu Clinic. Structural and Internalized Colonization Puerto Rico---Psychotherapeutic Approaches

Saturday, Aug. 6, 9:00–9:50am

Symposium 2.0: Was That a Microaggression? Examining Client- and Therapist-Initiated Microaggressions in Therapy

Minneapolis Convention Center, Level One, Room 102A

Divisions: 29, 12, 45, APA of Graduate Students

- **Chair:** Dennis M. Kivlighan Iii, PhD, University of Iowa
- **Participants:** Kun Wang, MS, Christopher Anders, PhD, Interconnections Healing Center, Seattle, WA, Yu Chak S. Ho, PhD, Yunkyoung Loh Garrision, PhD, University of Iowa, Dennis M. Kivlighan Iii, PhD. Asian International Psychotherapists' Experiences of Clients' Microaggression in Therapy

Yifat G. Levenstein, BS, Karen W. Tao, PhD, University of Utah. Should I Say Something? Therapist Experiences of Client-Initiated Microaggressions in Psychotherapy

Madeline Hunsicker, MA, Christopher Anders, PhD, Dennis M. Kivlighan Iii, PhD, University of Iowa. Therapist Ability to Identify Microaggressions Toward Transgender and Nonbinary Clients in Therapy

Emma G. Foster, MA, Joanna M. Drinane, PhD, University of Utah. Anti-Racism in Therapy? White Psychotherapists Responses to Racist White Clients

Saturday, Aug. 6, 2:00–2:50pm

Poster Session

Minneapolis Convention Center, Level One, Exhibit Halls BCD

The Client's Expectation of Therapist Support and Challenge and Treatment Outcome Kun Wang, MS, Halin Chung, MA, Shannon Stuart-Maver, MA, Barry A. Schreier, PhD, Patrick Galligan, PhD, Holly Davis, PhD, D.Martin Kivlighan Iii, PhD, University of Iowa

Working With Chinese Clients' Emotions---Understanding Cultural Differences and Clinical Implications Yuye Zhang, PhD, Ball State University, Lawrence H. Gerstein, PhD

The Impact of Therapist Personal Characteristics and Technique Usage on Alliance and Session Depth Christy L. Jarrard, BS, Sabina Widner, PhD, Aaron Johnson, PhD, Massachusetts General Hospital, Boston, MA, Michelle B. Stein, PhD, Hana Perkey, BS, Jenelle Slavin-Mulford, PhD, Augusta University

Waiting Lists for Psychotherapy and Provider Attitudes Toward Low-Intensity Interventions Allison Peipert, BS, Lorenzo Lorenzo-Luaces, PhD, Indiana University Bloomington

In Most Cases---A Qualitative Investigation of Psychotherapists' Abortion Attitudes Caroline Klessig, Rachel L. Dyer, MS, Taylor P. Teasdale, BS, BS, Isabelle J. Weber, Stephanie Budge, PhD, University of Wisconsin-Madison

A Content Analysis of Research Focused on the Experiences of Marginalized Psychotherapists Christian N. Adames, MA, BA, University of Tennessee, Knoxville, James D. Goates, MEd, MA

A Critical Content Analysis of Psychotherapy Articles Centering Black People Ryan C. Schooley, MEd, Sade Prithwie, BS, Alexis Upshaw, BS, Debbiesiu L. Lee, PhD, University of Miami

Clinicians' Impressions on the Implementation of a Clinical Databank---A Qualitative Study Gabrielle Riopel, BS, Raphaëlle Merlo, BS, Tania Lecomte, PhD, Catherine-Marie Vanasse, PhD, Bruno Gauthier, PhD, Simon Grenier, PhD, Université de Montréal, Montreal, Canada

Multicultural Orientation and Deliberate Practice---Case Study of Multicultural Training Courtney F. Agorsor, MS, Mackenzie Jessen, MA, University of Iowa, Rayna Narvaez, MA, Sara Heshmati, BS, Martin Kivlighan, PhD, University of Denver, Jesse Owen, PhD

Internalized Shame---Does It Mediate Attachment and Perceived Counseling Self-Efficacy? Yi Liu, MEd, MA, Yifei Du, MA, Eliana Chapman, MA, Katie Lukas, BA, Olivia Rosner, BA, Razzan Quran, MS, Cheri Marmarosh, PhD, Paul M. Gedo, PhD, Sarah L. Hedlund, PhD, Stacey Dershewitz, PsyD, JD, George Washington University

Resources for Training in a Community-Based Treatment Program for First-Episode-Psychosis in Chile Chris Kang, BA, Tanya Mehdizadeh, MA, Dung Hoang, BS, New York University, Phuongthao D. Le, PhD, MPH, Lawrence H. Yang, PhD, New York University

Effectiveness of Psychedelic-Assisted Psychotherapy for the Treatment of PTSD and Comorbid Symptoms Juliana R. Millán-Torres, PsyD, Hennepin Healthcare System, Minneapolis, MN, Adrine Maresco, PsyD

Examining Self-Efficacy as a Mediator of the Relationship Between Anxiety and Experiential Avoidance Rebecca Michel, BS, Maria Difonte, MA, Elaine Ruiz, MA, Ellen Flannery-Schroeder, PhD, University of Rhode Island

Early Change Trajectories and Recovery Outcomes Kristina Pidvirny, BA, Sakura Ito, BS, University of Denver, Matteo Bugatti, PhD, Sin-Ying Lin, MA, Dina Vivian, PhD, Stony Brook University

Advantage of Adding an Integrated Behavioral Health (IBH) RN To IBH Model of Care in Small Primary Bonnie J. Betts, PsyD, MS, Lisa R. Hardesty, PhD, Cassandra L. Ellis, BS, Mayo Clinic Health System - Mankato, Mankato, MN

Telepsychology in Psychotherapy---Outcomes Before and During the COVID-19 Pandemic Brian E. Mccabe, PhD, Colin Freeland, MS, Joeleen Cooper-Bhatia, PhD, Robert J. Reese, PhD, Auburn University

Effectiveness of Suicide Prevention Training for Counseling Psychology Trainees Mj Mignogna, MS, Dan Fernholtz, MA, Ashley Sovereign, PsyD, Ann Schissel, PhD, Kathryn A. Labore, PhD, Saint Mary's University of Minnesota

Pathological Healthful Eating---A Phenomenological Approach to Understanding Orthorexia

Nervosa Luke E. Steinman, MA, Sarah S. Schaller, BA, Thomas Dunn, PhD, Katlyn Frey, BA, Jessie Johnston, MA, University of Northern Colorado

Combating Burnout in Medical Training---Piloting an In-House Student Mental Health Clinic Maryanne Reilly-Spong, PhD, Wiliam S. Slattery, PhD, Michael H. Kim, MD, University of Minnesota

Survey of Therapist Needs Prior to COVID-19 and During COVID-19 Patricia T. Spangler, PhD, Independent Practice, Oakland, CA, Barbara Vivino, PhD, Barbara Thompson, PhD, University of Maryland, Justin Hillman, MS, Jacob Wolf, MEd, University of Maryland, Clara Hill, PhD

A Year in Telesupervision---Supervision Alliance and Trainee Perception Lindsay A. Phillips, PsyD, Gabriel Rivera, MA, Katelyn Vala, MA, Bertnie Jeanniton, MA, Tyana Ruiz, MA, Marywood University

Telemental Health and Veterans Jean M. Birbilis, PhD, North Dakota State Hospital, Jamestown, ND, Cora E. Courage, PsyD

Virtual Poster Session - On Demand

Examining the Roles of Goal, Task, and Bond in Therapeutic Alliance Ruptures Allan A. Dimmick, MS, BS, Clifton E. Watkins, PhD, Jennifer L. Callahan, PhD, University of North Texas

A Qualitative Approach to Peer and Faculty Mentorship in the Face of Crisis Alexandra Heinle, MA, BA, Erin Vogel, MA, BA, Amber Nelson, PsyD, George Fox University

The Effect of Narrative Therapy in Treating Depressive Symptoms---A Meta-Analysis Kehan Shen, MS, MEd, University of Kansas

What Therapist Disengagement Tells Us About Patient Personality and Interpersonal Style Katarina A. Stephenson, BS, Shannon Mcintyre, PhD, Antioch University New England

Division 29 SfAP Program Calendar

Time (local)	Thurs	Fri	Sat
8:00 AM			Advancing Psychotherapy Relevance: Colonization, Coloniality and Decolonization
9:00 AM	Cultural Humility, Comfort, & Opportunities in Practice & Supervision	Mental Health Crisis and the COVID-19 Pandemic: The Crucial Role of Measurement-based Care (MBC)	Was that a microaggression? Examining client- and therapist-initiated microaggressions in therapy
10:00 AM	Psychotherapy Incorporating Horses: Empirical Findings and Case Examples	Effective Therapeutic Practice with Low-SES Indigenous and Rural White Populations: New Data	
11:00 AM	APA MAIN STAGE	APA MAIN STAGE	APA MAIN STAGE
12:00 PM	APA MAIN STAGE	Addressing microaggressions and racist comments in psychotherapy	APA MAIN STAGE
1:00 PM	Technology-Based Strategies and the Advancement of Psychotherapy		
2:00 PM	All About The Nerve! Case Study And Applications On Treating Panic Attacks and OCD & Social Media		Poster Session - In-person
3:00 PM		Helping Skills Training : Presidential Address	
4:00 PM		Award Ceremony - Division 29 / SfAP	
5:00 PM		Social Hour - off site at University of St Thomas --- Buddhist Psychotherapy: Theoretical Bases of Mindfulness	

Div 29 SfAP Events!

2022 Awards Ceremony

Friday 8/5/22
4pm local time
Minneapolis Convention Center, Level Two, Room 200F

Social Hour

Friday 8/5/22
5:15 - 7:15pm local time

University of St. Thomas *(short walk from convention center)*
Terrence Murphy Hall, Atrium
Enter doors on the Southwest corner of 10th St. and LaSalle Avenue

Gab with the Greats - Meet with Psychotherapy Experts

Networking and mentoring event for students and early career members.

Friday 8/19, *one week after APA convention*
noon-1:30pm ET

Virtual - Register here:
https://us06web.zoom.us/meeting/register/tZUld-CrrzMpG9MdFxtCE_GhdLGtJP8WH88K

Join Division 29!

Home to psychologists and mental health professionals from across the globe who are interested in psychotherapy. If you are a psychotherapy practitioner, researcher, theoretician, trainer, clinical supervisor, or student, welcome home! https://societyforpsychotherapy.org/why-join/

Everything you wanted to know about the division:
https://societyforpsychotherapy.org/everything-you-wanted-to-know-about-the-division-its-benefits-and-resources/

CE Note:
All sessions offering CE credits have been reviewed and approved by the American Psychological Association Office of Continuing Education in Psychology (CEP) and the Continuing Education Committee (CEC) to offer CE credits for psychologists. Must scan badge in/scan badge out for each CES. No additional fees to attend CES. One-time fee to claim unlimited CES credit. For details see https://convention.apa.org/ce/sessions

Accessibility information:
If you require special arrangements and accommodations, please provide details on your registration and hotel reservation forms. APA asks that you register by July 15, 2022, so that we can make APA 2022 more accessible for you; otherwise, we may not be able to guarantee the availability of arrangements.

APA will provide interpreters for hearing-impaired persons and escorts/ readers for persons with visual impairments upon specific request at the time of advance registration.

During the convention, persons with disabilities who require assistance may visit the APA Accommodations and Disability Resources Room in Halls BCD in the Minneapolis Convention Center.

Questions? Message APA convention office at convention@apa.org