

APA 2020

Virtual Convention

August 6-8, 2020



Division 29

Society for the Advancement of Psychotherapy

Tools for the Taking: Infusing Evidence-based Resources into the Public Domain



It is our pleasure to share the Division 29 Virtual
Convention Program for APA 2020.

President, APA Division 29

Jennifer Callahan, Ph.D.

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Division 29 Program Chairs

James F. Boswell, Ph.D.

Program Chair, APA 2020

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Astrea Greig, Psy.D.

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Division 29 Mission

The Society for the Advancement of Psychotherapy addresses the unique needs of psychotherapists and psychotherapy researchers, educators, supervisors, and trainees interested in advancing the field of psychotherapy.

A strong voice for psychotherapy and home for psychotherapists, the Society for the Advancement of Psychotherapy is committed to preserving and expanding the theoretical and evidentiary base for psychotherapy and psychotherapeutic relationships, supporting life-long learning of psychotherapeutic skills, as well as making the benefits of psychotherapy accessible to all. The Society is an international community of practitioners, scholars, researchers, teachers, health care specialists, and students who are interested in and devoted to the advancement of the practice and science of psychotherapy. Our mission is to provide an active, diverse, and vital community and to generate, share, and disseminate the rapidly accumulating evidence base in clinical science and practice.



Why Join Division 29?

Home to psychologists and mental health professionals from across the globe who are interested in psychotherapy.

If you are a psychotherapy practitioner, researcher, theoretician, trainer, clinical supervisor, or student, **welcome home!** <https://societyforpsychotherapy.org/>



Things to Know about the Virtual Convention

The APA Convention has gone virtual this year. Although there will be some live events scheduled during the August 6 – 8, 2020 Virtual Convention dates, our Division 29 sponsored symposia will be pre-recorded and posted for “on demand” access on August 6.

Attendees will receive up to **12 months of on-demand access** to hundreds of APA 2020 Virtual sessions and thousands of posters.

The Division 29 Program is outstanding and includes timely and relevant presentations. You will be able to access these sessions anytime, on demand beginning on August 6, 2020 through August 1, 2021. As such, there is no comprehensive program *schedule per se*.

A unique advantage of this new format is with your registration, you will have access to many more sessions than you otherwise might have been able to attend in person. Sometimes choosing between two great sessions offered at the same time is painful – but in the new virtual format you will have access to all sessions from all divisions, as well as poster sessions.

You can register for APA 2020 at <https://convention.apa.org/>

In addition to symposia and poster presentations, Division 29 will be holding a live networking and mentoring event for students and early career members:

[Gab with the Greats: Meet with Psychotherapy Experts](#)

Date/time: Saturday, August 8, 2020, 2:30 PM - 4:20 PM EDT

Attendees **do not** need to be registered for the APA convention to attend this event. **This event is free for all!**

This Zoom *virtual* event includes 5 accomplished Psychotherapy researchers and practitioners who will share their knowledge and wisdom on various topics that are of interest to you all! There will be unique opportunities to interact with these Greats and ask questions! The Greats in attendance will be:

Louis Castonguay, PhD

Clara Hill, PhD

Jesse Owen, PhD

Rosemary Phelps, PhD

Rosie Phillips Davis, PhD, ABPP

Please note that Gab with the Great attendees will need to register separately for this free event, using the link below. The event will take place on Zoom, outside of the regular virtual convention platform, and event access will not be automatically available in the regular virtual convention system with paid registration.

To register, please go to this link:

<https://zoom.us/meeting/register/tJArdeispjlrHNIECpq8hNIbwQsLiWZv-sZJ>

Division 29 Sponsored Virtual Symposia

A Contextual Approach to Trauma Treatment: Correspondence With Emerging Research on Complex PTSD

Chair

Steven N. Gold, PhD, Nova Southeastern University, Fort Lauderdale, FL

Participant/1stAuthor

Michael Quiñones, PhD, Independent Practice, Plantation, FL

Title: Emerging Research on the Validity and Nature of Complex Traumatization

Steven N. Gold, PhD, Nova Southeastern University, Fort Lauderdale, FL

Title: Contextual Trauma Theory: Correspondence With Emerging Research on Complex PTSD

Amy Ellis, PhD, Nova Southeastern University, Fort Lauderdale, FL

Title: Contextual Trauma Therapy for Complex Ptsd: An Illustrative Case Example

Discussant

Bryan T. Reuther, PsyD, Indian River State College, Okeechobee, FL

Modeling the Cultural Processes of Psychotherapy Across Training Contexts

Chair

Joanna M. Drinane, PhD, University of Utah

Participant/1stAuthor

Rayna C. Narvaez, MA, University of Iowa

Title: Advisor MCO, Advisory Alliance, and Graduate Students' Research Self-Efficacy and Scholarly Activity

Co-Author: D. Martin Kivlighan III, PhD, University of Iowa

Stephanie Winkeljohn Black, PhD, Penn State Harrisburg

Title: Multicultural Competence or Multicultural Orientation? Trainee Characteristics and Preferences

Laurice Cabrera, MS, University of Utah

Title: Cultural Concealment and Satisfaction in Supervision

Co-Author: Joanna M. Drinane, PhD, University of Utah

Co-Author: Stephanie Winkeljohn Black, PhD, Penn State Harrisburg

Co-Author: Melanie M. Wilcox, PhD, Oklahoma State University

Discussant

Zachary E. Imel, PhD, University of Utah

Addressing Classism and Other Barriers to Psychotherapy for People Living in Poverty

Chair

Susan S. Woodhouse, PhD, Lehigh University

Participant/1stAuthor

Louise A. Douce, PhD, Ohio State University, retired

Title: Development and Funding of Effective Therapist Characteristics With Rural and Low-SES Populations

Linda F. Campbell, PhD, University of Georgia

Title: Overcoming Classism and Other Barriers to Psychotherapy for People Living in Poverty

Co-Author: Emily M. Selby-Nelson, PsyD, Cabin Creek Health Systems, Charleston, WV

Iva GreyWolf, PhD, Self-Employed Consultant, Roseberg, OR

Title: Practicing Psychotherapy Outside the Box and Beyond the 50-Minute Hour

Susan S. Woodhouse, PhD, Lehigh University

Title: Effective Therapist Characteristics With Rural and Low-SES Populations

Christianne Connelly, MA, University of Georgia

Title: Training in Rural and Low-Income Communities: A Student Perspective

A Five-Country RCT Comparing Group Plus Individual Schema Therapy to Specialized TAU for Borderline PD

Chair

George Lockwood, PhD, Indiana University–Purdue University Indianapolis

Participant/1stAuthor

Joan M. Farrell, PhD, Indiana University–Purdue University Indianapolis

Title: Results of an International RCT of Group and Individual Schema Therapy vs. Specialized TAU for BPD

George Lockwood, PhD, Independent Practice, Kalamazoo, MI

Title: BPD Schema Therapy Treatment Used in the International RCT With Measures of Adherence and Competence

Heather M. Fretwell, MD, Indiana University School of Medicine

Title: Schema Therapy for Borderline PD: A Qualitative Study of Patients' and Therapists' Perceptions

Discussant

Joan M. Farrell, PhD, Indiana University–Purdue University Indianapolis

Liberation Psychotherapy: Urban Liberation, LGBTQ+ populations, and Therapeutic Relationship

Co-Chairs

Lillian Comas-Diaz, PhD, Independent Practice, Washington, DC

Edil Torres Rivera, PhD, Wichita State University

Participant/1stAuthor

Chakira M. Haddock-Lazala, PhD, Independent Practice, Bronx, NY

Title: Urban Liberation: Postcolonial Feminism and Socially Conscious Clinical Practice

Anneliese A. Singh, PhD, University of Georgia

Title: Liberation Psychology's Application to LGBTQ+ Populations

Co-Author: Brean'a Parker, MS, University of Georgia

Co-Author: Falon Thacker, PhD, University of Georgia

Co-Author: Anushka Aqil, MS, Johns Hopkins School of Public Health

Lillian Comas-Diaz, PhD, Independent Paractice, Washington, DC

Title: Liberation Psychology Therapeutic Relationship

Discussant

Thema Bryant-Davis, PhD, Pepperdine University

Edil Torres Rivera, PhD, Wichita State University

Social Event

Day/Time Access

For Students and Early Career Members

Gab with the Greats: Meet with Psychotherapy Experts

8/8/2020 Sat Zoom Link
2:30 PM -
4:20 PM EDT

Posters

Participant/1stAuthor

Marilyn A. Cornish, PhD, Auburn University

Title: Interested in Psychotherapy Education and Training? Get Involved in Division 29!

Co-Author: Carly M. Schwartzman, MA, University at Albany, State University of New York

Co-Author: Eric M. Sauer, PhD, Western Michigan University

Co-Author: Kenneth Critchfield, PhD, James Madison University

Eric M. Sauer, PhD, Western Michigan University

Title: The Effects of Therapist Attachment-Related Behaviors on Psychotherapy Process and Outcome

Co-Author: Char Houben, MA, Western Michigan University

Co-Author: Kristin Roberts, MA, Western Michigan University

Co-Author: Kenneth Rice, PhD, Georgia State University

Co-Author: Clarrissa Richardson, PhD, University of Idaho

Morgan K. Schall, BS, St. John's University

Title: Evaluation of the REBT Competency Scale: Implications for Practitioners, Trainers, and Clinicians

Co-Author: Mark D. Terjesen, PhD, St. John's University

Co-Author: Gianna E. Bolusi, St. John's University

Co-Author: Maria Veronica Compean Ortega, BS, St. John's University

Co-Author: Alexis G. DiMauro, St. John's University

Co-Author: Kalifa N. Thomas, St. John's University

Jean M. Birbilis, PhD, University of St. Thomas

Title: When Clients Die: Psychotherapists' Responses to Death Due to Terminal Illnesses or Accidents

Jean M. Birbilis, PhD, University of St. Thomas

Title: When Is It Time to Retire From Practice as a Psychotherapist?

Jairo Fuertes, PhD, Adelphi University

Title: The Working Alliance in Medical Care Interactions

Elizabeth Nutt Williams, PhD, St. Mary's College of Maryland

Title: A Qualitative Study of Psychotherapists' In-Session Tears

Co-Author: Emily Morgan, BA, St. Mary's College of Maryland

Patricia T. Spangler, PhD, Uniformed Services University

Title: Nightmare Deconstruction and Reprocessing for Trauma-Related Nightmares: Preliminary Pilot Results

Co-Author: Alvi Azad, MD, Department of Psychiatry, Uniformed Services University

Co-Author: James C. West, MD, Department of Psychiatry, Uniformed Services University

Co-Author: Lei Zhang, MD, Department of Psychiatry, Uniformed Services University

Co-Author: Jessica M. Gill, PhD, RN, National Institute of Nursing Research, National Institutes of Health

Co-Author: Ann M. Hummel, PhD, Mental Health Services, Naval Medical Center, San Diego, United States Navy, San Diego, CA

Co-Author: Catherine L. Dempsey, PhD, MPH, Center for the Study of Traumatic Stress, Department of Psychiatry, Uniformed Services University, Bethesda, MD

Co-Author: David M. Benedek, MD, Department of Psychiatry, Uniformed Services University

Ryan Allred, BA, University of Washington

Title: Patient and Provider Perspectives Regarding Psychotherapy Quality Measures

Co-Author: Brenna Renn, PhD, University of Washington

Co-Author: Dylan Fisher, BS, University of Washington

Co-Author: Donovan Rivera, MSW, MPH, University of Washington

Co-Author: Brittany Mosser, MSW, LCSW, University of Washington

Co-Author: Jaden Duffy, BA, University of Washington

Co-Author: Patricia Areean, PhD, University of Washington

Danielle L. Carrier, MSW, Center for Deployment Psychology, Bethesda, MD

Title: Developing a Tool for Treatment Selection Through a Review of CPG-Concordant Treatment Manuals for PTSD

Co-Author: Jeffrey Cook, PhD, Center for Deployment Psychology, Bethesda, MD

Co-Author: Jennifer Phillips, PhD, Center for Deployment Psychology, Bethesda, MD

Co-Author: David S. Riggs, PhD, USUHS/ Center for Deployment Psychology

Kehan Shen, MEd, University of Kansas

Title: Role of Contextual Factors in Mental Health and Psychotherapy

Co-Author: Changming Duan, PhD, University of Kansas

CJ Haynes, MS, Spalding University

Title: The Impact of Client Distress and Anticipated Number of Sessions on Treatment Outcome

Co-Author: Kristina Peterson, MA, Spalding University

Co-Author: Norah Chapman, PhD, Spalding University

Ha Yan An, PhD, Yongmoon Graduate School of Counseling Psychology, Seoul, South Korea

Title: What Makes Supervisees Dishonest in Supervision? Supervisors' Unethical Practices

Yesim Keskin, PhD, University of La Verne

Title: Is Prior Psychotherapy Experience Associated With Psychotherapy Preferences?

Co-Author: Jennifer Valdez, BS, University of La Verne

Alyssa L. Clements-Hickman, MS, University of Kentucky

Title: The Person of the Therapist: Therapists' Personal Characteristics as Predictors of Working Alliance and Treatment Outcomes

Co-Author: Robert J. Reese, PhD, University of Kentucky

Co-Author: Robert T. Bohanske, PhD, Southwest Behavioral and Health Services, Phoenix, AZ

Elyse Blake, MA, Teachers College Columbia University

Title: Making a Connection: Therapeutic Alliance During First Three Months of Subscription-Based E-Therapy

Co-Author: Jeffrey Wainstein, MA, Teachers College Columbia University

Co-Author: Danielle Duval, MA, Teachers College Columbia University

Co-Author: Sunwoo Kim, MA, Teachers College Columbia University

Co-Author: Laura Siracusa, BA, Teachers College Columbia University

Co-Author: Lauren Thaxter, BA, Teachers College Columbia University

Co-Author: Devin Massaro, MA, Teachers College Columbia University

Co-Author: Gianna Capodilupo, MA, Teachers College Columbia University

Co-Author: Rachel Concha, MA, Fairleigh Dickinson University

Co-Author: Alice Hahn, MA, Teachers College Columbia University

Co-Author: Melanie Blair, MA, Teachers College Columbia University

Co-Author: George Nitzburg, PhD, Teachers College Columbia University

Samantha M. Hernandez, BA, National Center for PTSD, Menlo Park, CA

Title: Barriers and Facilitators to Cognitive Processing Therapy Delivery Across Mental Health Systems

Co-Author: Syed Ajmain, BA, National Center for PTSD, Menlo Park, CA

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David P. McAnulty, PhD, Abilene Christian University

Title: Client Perceptions of Boundaries in the Therapeutic Relationship

Co-Author: Katherine Himes, BS, Abilene Christian University

Co-Author: Whitney Little, BS, Abilene Christian University

Co-Author: Richard D. McAnulty, PhD, University of North Carolina-Charlotte

Nicole C. Rushing, PhD, Campbell University

Title: A Tool for the Taking: College Students' Reactions to a Mental Health Tool Kit

Co-Author: Paula Parker, EdD, Campbell University

Allan A. Dimmick, Idaho State University

Title: Clients' Preferences for a Religious Match With a Psychotherapist

Co-Author: Joshua K. Swift, PhD, Idaho State University

Co-Author: Wilson T. Trusty, BS, Idaho State University

Liang N. Tien, PsyD, University of Kelanyla - Post Graduate Institute in Pali and Buddhist Studies, Colombo, Sri Lanka

Title: Citta: The Early Buddhist Psychology of Mind as a Theoretical Orientation of Psychotherapy

Pragya Sharma, PhD, Dr Ram Manohar Lohia Hospital, New Delhi, India

Title: Psychological Intervention in Cyclic Vomiting Syndrome In Adolescents: A Case Series

Co-Author: Mehak Sikand, MA, Nimhans, Bengaluru, India

Christopher Anders, MA, University of Iowa

Title: Attending to the Saliency of Clients' Multiple Identities: A Further Investigation of Therapists' Multicultural Orientation

Co-Author: Emma Porter, MA, University of Denver

Co-Author: D. Martin Kivlighan III, PhD, University of Iowa

Co-Author: Jesse K. Owen, PhD, University of Denver

Yucheng Zhu, BA, University of Kansas

Title: An Investigation of the Psychological Well-Being Among Chinese International Students: Implications for the Development of Effective Psychotherapy

Co-Author: Changming Duan, PhD, University of Kansas

Jennifer A. Schager, MA, Spalding University

Title: Biopsychosocial Correlates in Eastern Kentucky: Preliminary Evidence for Integrated Healthcare

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Co-Author: Sarah Denen, MA, Spalding University

Co-Author: Norah Chapman, PhD, Spalding University

Joey Chiao-Yin Hsiao, MEd, University of Denver

Title: Working With Interpreters: How Interpreters' Experience in Mental Health Affects the Therapeutic Interaction

Co-Author: Emme Paik, MA, University of Denver

Co-Author: Helen Chao, MA, University of Denver

Co-Author: Rebecca Gaines, MA, University of Denver

Tia Hunziker, BA, Spalding University

Title: Behavioral Health in Western Kentucky: Meeting the Needs of Rural Communities With Limited Access to Evidence-Based Services and Resources

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Co-Author: Norah Chapman, PhD, Spalding University

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Ana M. Hill, MA, University of Georgia

Title: Cuban American Heritage Speakers: A Heuristic Inquiry Into Ethnic Identity

Meghan M. Roelse, BS, University of Denver

Title: Integrating Religion/Spirituality Into Psychotherapy With Inmates: A Pathway Toward Cultural Humility and Cultural Opportunities?

Co-Author: Emma Porter, MA, University of Denver

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Co-Author: Don Davis, PhD, Georgia State University

Co-Author: Jesse K. Owen, PhD, University of Denver

Paulina W. Dzik, BA, University of Denver

Title: MCO in the Jail: Internal Versus External Ratings of Therapist Multicultural Approach to Clients Within an Incarcerated Population

Co-Author: Amy Hudson, MA, University of Denver

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Co-Author: Emily Leeper, BS, University of Denver

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Co-Author: Don Davis, PhD, Georgia State University

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Title: The Exploration of the Users' Explanatory Model of Illness: The Perspectives of the Users, Community Health Workers, and Peers in Chile and Brazil

Co-Author: Tingyu Li, MSW, Teachers College, Columbia University

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Title: Predictors of College Students' Professional Help-Seeking Behaviors and Intentions

Co-Author: Jerome L. Short, PhD, George Mason University

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Title: Division 29's Advocacy and Mentoring Program for Diversity

Co-Author: Manijeh Badiie, PhD, California State University--San Bernadino

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Jerome L. Short, PhD, George Mason University

Title: Predictors of College Students' Comfort in Using Phone, Video, and Texting Therapy

Co-Author: Diane M. Lameira, MA, George Mason University

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Hannah Brown, BS, Brigham Young University

Title: Therapy and Self-Perception of Self-Concept Change

Co-Author: David M. Erekson, PhD, Brigham Young University

Mark Your Calendars!

APA 2021

San Diego, CA

August 12 – 15, 2021

**Be on the lookout for submission
information in late summer / early fall
2020!**

