

Society for the Advancement of Psychotherapy



Psychotherapy for Pregnancy Loss: A Relational Perspective

Friday, May 10th 12:00 PM Eastern US time

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Pregnancy loss is a relatively common event that often leads to long-term and intense psychosocial consequences and yet little clinical guidance exists for clinicians working with clients coping with such losses. In this webinar, Dr. Rayna D. Markin will review types and rates of pregnancy loss and common psychological consequences for bereaved parents, including anxiety, depression, complicated grief, and post-traumatic stress. Moving beyond a symptomatic focus, this webinar will focus on the deeper level psychological effects of pregnancy loss, including unresolved trauma and loss and damage to healthy self-esteem and identity.

Based on her new book, *Psychotherapy for Pregnancy Loss: Applying Relationship Science to Clinical Practice*

(<https://global.oup.com/academic/product/psychotherapy-for-pregnancy-loss-9780197693353?cc=us&lang=en&>), Dr. Markin will discuss how the therapist-patient relationship can be used to help patients affected by pregnancy loss to resolve and grow from reproductive trauma and restore healthy self-esteem. Attachment, empathy, and the co-regulation of emotion will be emphasized. Special considerations for BIPOC clients will be discussed. This webinar will conclude with a short video demonstration of how to use the therapy relationship as a healing agent in psychotherapy for pregnancy loss. Appropriate for students, early career professionals, and experienced clinicians and researchers of all mental health professions.

Register Here!



**[https://us06web.zoom.us/webinar/register/
WN_m9TTjH7iTWKyw5a8puvgYw](https://us06web.zoom.us/webinar/register/WN_m9TTjH7iTWKyw5a8puvgYw)**

After registering, you will receive a confirmation email containing information about joining the webinar.

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