

WORKING WITH TRAUMA-RELATED NIGHTMARES BY PATRICIA SPANGLER, PHD FRIDAY, DEC 5, 12-3 PM EST

About This Webinar

This webinar will provide background and rationale for working with trauma-related nightmares. It will review the steps of the model and how it was adapted for working with nightmares. We will then guide participants through an experiential component using a case example that will allow them to work through the steps of the model with a nightmare.

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