



Society for the Advancement of Psychotherapy

2026 APA Convention Program

Thursday August 6th

Personalizing Psychotherapy to Therapists' Effectiveness Differences Chair: James Boswell Speakers: Michael Constantino, Averil Gaines, Alice Coyne *CE session*	10:00 AM - 11:00 AM Room: Walter E. Washington Convention Center, Level Two: 204C	Symposium
Division 29 Poster Session I	11:30 AM - 12:30 PM Room: Walter E. Washington Convention Center, Level Two: Hall D, Solutions Center, Posters	Poster
ACT for Infertility and Reproductive Grief: Psychotherapy in Practice Chair: Clayton Brigance *CE session*	1:00 PM - 2:00 PM Room: Walter E. Washington Convention Center, Level Two: 204C	Skill Building
Division 29 Editorial Board Lunch	1:00 PM - 2:00 PM Room: Marriott Marquis Washington, DC, Level Four: Capitol	INVITATION ONLY
Routine Measurement of Cultural Comfort as a Correlate of Process & Outcome Chair: Theodore Bartholomew Speakers: Brandon Hoang; Shreeya Kulkarni *CE session*	2:30 PM - 3:30 PM Room: Walter E. Washington Convention Center, Level Two: 204C	Symposium

Working With Trainee Anxiety: Skills for Relationally Attuned Supervision Chair: Aileen Terrazas Speakers: Jason Hindman, Pamela Aguilar, Israel Arevalo, Apurva Tandon	4:00 PM - 5:00 PM Room: Walter E. Washington Convention Center, Street Level: 144A	Skill Building
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Friday August 7th

Trauma-Informed Clinical Approaches to Borderline Personality Disorder Chair: Minzhou Sun	8:30 AM - 9:30 AM Room: Walter E. Washington Convention Center, Street Level: 146B	Skill Building
Harnessing Technology to Advance Therapist Well-Being and Effectiveness Chair: Matteo Bugatti Speakers: Colby Schramel, Miles Evanisko Discussant: Jesse Owen	11:30 AM - 12:30 PM Room: Walter E. Washington Convention Center, Street Level: 146B	Symposium
Mutually Beneficial International Collaborations Chair and President: Joshua Swift Speakers: Dennis Kivlighan, Xiubin Lin, and Xu Li *CE session*	2:30 PM - 3:30 PM Room: Walter E. Washington Convention Center, Level Two: 209C	Division Presidential Address
Strengths and Flourishing in Psychotherapy: Emerging Directions Chair: Steven Sandage Speakers: Catherine Eubanks, Michael Constantino, Jesse Owen *CE session*	4:00 PM - 5:00 PM Room: Walter E. Washington Convention Center, Level Two: 202A	Symposium
Division 29 Social Hour	5:30 PM - 7:30 PM Room: Marriott Marquis Washington, DC, Level Two: Salon 14	Social Hour

Saturday, August 8th

Steps to stepped care: Theory, implementation, and research considerations Chair: Caroline Lucy Speakers: Zoe Lapham; Alexandros Maragakakis *CE session*	10:30 AM - 11:30 AM Room: Walter E. Washington Convention Center, Level Two: 204C	Symposium
Losing a Real Relationship: Celebrating the Life and Work of Charlie Gelso Chair: Rayna Markin Speakers: Jairo Fuertes, Dennis Kivlighan, Elizabeth Nutt-Williams, Andres Perez-Rojas, Cheri Marmarosh, Jesse Owen Discussant: Clara Hill	12:00 PM - 1:00 PM Room: Walter E. Washington Convention Center, Street Level: 151B	Symposium
Division 29 Poster Session II	3:00 PM - 4:00 PM Room: Walter E. Washington Convention Center, Level Two: Hall D, Solutions Center, Posters	Poster
Division 29 Virtual Poster Session	10:00 PM - 11:00 PM Room: Virtual Poster Hall: Virtual Posters	Virtual Poster Session

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